



By coming in the facility and/or having an ACTIVE membership, you acknowledge and agree to the following conditions and operations during COVID-19.

RE: YWCA Health + Fitness Operations & Conditions During COVID 19

Entering the Facility

You are not permitted to enter YWCA Health + Fitness Centre unless you meet the following conditions, as well each time you tap your membership card at the turnstile for entry, you declare the following:

1. You do not have COVID-19 nor are you experiencing symptoms of COVID-19. Take the self-assessment tool
2. You have not travelled internationally in the last 14 days, or any area identified as a hotspot by Public Health Authority
3. You are not in close contact with a person infected with COVID-19

While at the facility

You agree to

- Only visit during your scheduled workout session. Arrive within your scheduled time and promptly leave at the end of your session
- Stay 2 m apart from other members while in the facility
- Follow directional, placement and physical distancing markers in the facility
- Be kind, calm and respectful
- Be aware of and comply with maximum occupancy in each workout area
- Clean all equipment before and after use
- Practice good hygiene
- Wash hands before and after your workout, after using the toilet
- Sneeze or cough into your elbow
- Place all tissue, paper towels, towels into the designated bin

Please review a complete list of our Facility Rules and Etiquette at ywca.org/fitness/facilityrules.

Assumption of the Risk and Waiver of Liability Relating to Coronavirus/COVID-19

The novel coronavirus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, provincial, and local governments and federal and provincial health agencies recommend social distancing and have, in many locations, prohibited the congregation of groups of people.

YWCA Metro Vancouver Health + Fitness ("YWCA") has put in place preventative measures to reduce the spread of COVID-19; however, YWCA cannot guarantee that you will not become infected with COVID-19. Further, attending YWCA could increase your risk of contracting COVID-19.

By returning the email to Member Services and replying YES, I acknowledge the contagious nature of





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COVID-19 and voluntarily assume the risk that I may be exposed to or infected by COVID-19 by attending YWCA and that such exposure or infection may result in personal injury, illness, permanent disability, and death. I understand that the risk of becoming exposed to or infected by COVID-19 at YWCA may result from the actions, omissions, or negligence of myself and others, including, but not limited to, YWCA employees, volunteers, and program participants and their families.

I voluntarily agree to assume all of the foregoing risks and accept sole responsibility for any injury to myself (including, but not limited to, personal injury, disability, and death), illness, damage, loss, claim, liability, or expense, of any kind, that I may experience or incur in connection with my attendance at the YWCA. On my behalf, and on behalf of my children, I hereby release, covenant not to sue, discharge, and hold harmless YWCA employees, agents, and representatives, of and from the Claims, including all liabilities, claims, actions, damages, costs or expenses of any kind arising out of or relating thereto. I understand and agree that this release includes any Claims based on the actions, omissions, or negligence of YWCA, its employees, agents, and representatives, whether a COVID-19 infection occurs before, during, or after participation in any YWCA program.

