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A MESSAGE FROM THE CEO

At YWCA Metro Vancouver, our priority is to be inclusive, respectful and relevant to the people we serve. We seek to be low-barrier and we take direction from those with lived experience, evidence-based research and front-line workers who report on who they see walking through our doors. In the past few years, we have seen more gender diverse participants in all areas of program delivery, from youth programs to employment to housing.

In 2020, YWCA Metro Vancouver launched a strategic plan that identified four key priorities to guide our current work: advocacy and awareness; housing; truth and reconciliation; and gender.

Including gender as a priority was two-fold, as the YWCA's vision has long been to achieve women's equality. However, the understanding of gender has changed, which has implications on our work. What we have come to realize is that *gender equity* is the concept that best describes what we need to focus on.

An equitable society is one in which resources are distributed according to people's needs, interests and experiences. Providing all people with the same support is not helpful, when those people face different barriers.

And so, we have work to do to move our efforts on gender forward. We have also made some progress. We have been working with a gender inclusion staff committee, which aims to better support 2SLGBTQIA+ people. The committee has audited organizational structures and practices and made recommendations to support gender inclusion.

We also engaged Bakau Consulting, led by Cicely Blain, to support our equity, diversity and inclusion journey. Cicely and their team have conducted employee and stakeholder surveys, led staff training and will be consultants in our forthcoming strategic plan. Internally, we conducted a service audit and heard from staff about gaps in support and understanding. It is clear that supporting gender diverse people is an area in which we have room to learn and grow.

At the governance level, we invited guest speakers to engage the Board of Directors and have their support to continue building safer, more holistic support for people seeking our services. We will work with YWCA staff through this transition to ensure they have the skills and knowledge they need to deliver services safely and respectfully. This will also be a priority as we recruit our next CEO. We have retained Caldwell Partners to conduct this search for us, and look forward to updating you on our progress.

Moving forward, we will still centre women and families in our work, while recognizing that others also experience gender inequity. This requires thoughtful, sometimes challenging, but always meaningful conversations. We will move carefully and make sure we are listening to and learning from experts, people with lived experience, our larger YWCA community, and organizations who already serve gender diverse people.

We are excited about what this means for the YWCA and for our collective future. We will keep you updated as we move forward, but please do reach out if you would like to discuss. And thank you for your continued support.



A handwritten signature in black ink, appearing to read 'MSing'.

Michelle Sing
Interim CEO
YWCA Metro Vancouver

YWCA HOUSING NEWS



YWCA Housing Updates

The housing crisis across the region continues to be an enormous obstacle to achieving a just and equitable society. It is why YWCA Metro Vancouver is committed to creating and operating safe and affordable housing, with values-driven partners and in locations that best serve the community.

“The pandemic is exacerbating some of the challenges that many people who are marginalized face, including food insecurity, isolation and gender-based violence,” said YWCA Interim CEO, Michelle Sing. “It is critical that people have access to safe, affordable housing, so they can create the lives they want for themselves and their families.”

Welcoming New Residents to xʷłəpicən

On October 14, we officially opened our newest housing community, **xʷłəpicən** on Arbutus Street (photo above). Thanks to our unique partnership with the City of Vancouver, Tikva Housing Society and the Association of Neighbourhood Houses BC, along with the dedication and support of Larco Investments, 125 new affordable homes opened to a diverse population. The YWCA will operate 32 of these units for women and their children.

The Musqueam Nation gifted us this very special and fitting name. **xʷłəpicən** means ‘a hollow’, reflecting the housing site’s low-lying area under the Arbutus Ridge, and because a hollow is somewhere cozy where people would gather. We hope that residents will create a cozy and comfortable home here.

Housing in Burnaby

The YWCA is thrilled to announce that we are partnering with Qualex-Landmark Orchard to provide 32 new two- and three-bedroom units on Grange Street in the heart of Burnaby. In an excellent location close to Metrotown, grocery stores, library, Central Park and transit, this new YWCA housing community will provide much-needed homes for single mother-led families living on low and moderate incomes.

Fundraising is underway with 28% of our \$11.7M goal raised. To ensure the project can proceed, we are urgently seeking support from donors to raise the remaining \$8.3 million.

To donate to this project, please contact Bobbi Sarai at bsarai@ywcavan.org | 604 895 5780.

YWCA Moiz and Nadia Place

Almost complete and soon to open is YWCA Moiz and Nadia Place in the heart of Richmond. With a \$2.7 million Federal Bilateral grant from the Province of BC – BC Housing and a successful capital campaign, we are purchasing 27 affordable homes for single women and single mothers and their children from Keltic Development. For the first time, we will welcome single women leaving violence and women aged 55+.

We are incredibly grateful to all of our donors, with special recognition to Moiz and Nadia Lalani and the Government of Canada’s Reaching Home: Canada’s Homelessness Strategy program.

For more information, please contact Bobbi Sarai at bsarai@ywcavan.org | 604 895 5780.

BEING AN ALLY FOR TRUTH AND RECONCILIATION

On September 30, 2021, this country marked the first National Day for Truth and Reconciliation, to honour residential school survivors as well as the children who were taken from their families and lost their lives through the system.

The National Day for Truth and Reconciliation responds to Call to Action 80 from the Truth and Reconciliation Commission of Canada's Calls to Action. It states: "We call upon the federal government, in collaboration with Aboriginal peoples, to establish, as a statutory holiday, a National Day for Truth and Reconciliation to honour Survivors, their families, and communities, and ensure that public commemoration of the history and legacy of residential schools remains a vital component of the reconciliation process."

The National Day for Truth and Reconciliation is a day of remembrance for Indigenous people. For non-Indigenous folks, it is an opportunity to listen, learn and become better allies to Indigenous communities.

What is YWCA Metro Vancouver doing to advance Truth and Reconciliation?

Advancing truth and reconciliation is a key priority in the YWCA's current strategic plan. We have committed to supporting the full realization of substantive equality for Indigenous peoples in Canada, and to collaborating with Indigenous and community partners to advance the Truth and Reconciliation Commission of Canada's 94 Calls to Action.

But what does that mean in practice?

While September 30 is currently only designated as a statutory holiday for federal employees, the YWCA recognized this day as a statutory holiday for all employees, encouraging everyone to reflect on how to individually and collectively support reconciliation. Recognizing that it has been an especially challenging time for the Indigenous community, Indigenous staff were offered an additional day off to support healing and wellness.

The YWCA continues to provide mandatory truth and reconciliation training for all new

employees, delivered by Reciprocal Consulting. And the truth and reconciliation staff committee continues to meet regularly to provide guidance and recommendations to the organization.

Nicole Smith is the YWCA's Aboriginal Infant Development Program Advisor/Consultant for the Coast Fraser North Region, based at YWCA Crabtree Corner Community Resource Centre. She shares some thoughts on how people can be better allies to Indigenous communities year-round:

“

To me how to be a better ally to Indigenous peoples and community means not only supporting us by educating oneself with the colonial past that has been in the spotlight over the last few years. It's also celebrating our beauty, resilience and strength.

What this can look like is, yes, supporting things like Orange Shirt Day but also showing up to our events on national Indigenous people's day, learn about the territories you occupy, go to our art shows, our movies, read our books – we have an unlimited number of amazing authors talking about so many important topics. We are still here and we are still practicing our cultures through dance, art and knowledge sharing.

Support our businesses. Invest in us with your presence when we are showing our strength not just showing up when we are in our resilience. We are still here.

For more information on the YWCA's diversity, equity and inclusion work, please contact Tamara Robertson-Fry at trobersonfry@ywcavan.org | 604 895 5860.

ADVANCING WOMEN'S PARTICIPATION AND PROSPERITY IN METRO VANCOUVER



A three-year project launched by YWCA Metro Vancouver this fall aims to improve the prosperity, security and participation of diverse women and girls by recommending increased use of Gender-Based Analysis Plus (GBA+) in municipal policy and processes.

In Metro Vancouver, women make up more than half the population, but experience higher rates of poverty and gender-based violence, have lower incomes and less housing security. These systemic inequalities have been exacerbated by the COVID-19 pandemic and disproportionately impact women facing intersecting forms of oppression related to race, language, gender identity, sexual orientation, (dis)ability and immigration status.

GBA+ is a critical tool for correcting systemic inequities and advancing gender equality as it ensures that gender and other identity factors are fully considered in government decision-making processes.

On a municipal level, GBA+ analysis includes everything from how a city conducts consultations, to infrastructure decisions, to government procurement practices. In Metro Vancouver, GBA+ is not practiced consistently across municipalities and this creates and allows equity issues to persist. This project aims to address that.

Over the coming 30 months, the YWCA hopes to work with up to 21 municipalities across Metro

Vancouver to address discriminatory legislation, policies and practices that prevent women and girls from fully participating in social, political and economic spheres.

The project will run in four stages: an environmental scan; government outreach and engagement; community consultation and convening; and public engagement. Women and girls with lived experience will be engaged to influence pandemic recovery response. Relationships will be built between equity-seeking organizations and other stakeholders to strengthen the feminist movement and collaboratively advance gender equity.

GBA+ is a process used to find out how diverse groups of people may experience policies and processes. The 'plus' refers to many other identifying factors such as race, ethnicity, religion, age and mental or physical disability.

GBA+ also takes into account the intersecting nature of these factors and how diversity can impact a person's experience of public policy and process.

We are grateful to Women and Gender Equality (WAGE) Canada for funding this important project. For more information, contact Amy Juschka at ajuschka@ywcavan.org | 604 895 5810.

YWCA ONLINE RESOURCE TACKLES FASD STIGMA



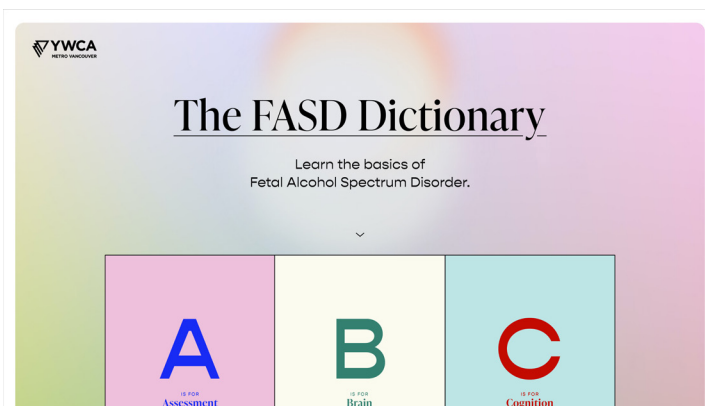
To mark International Fetal Alcohol Spectrum Disorder (FASD) Awareness Day on September 9, YWCA Metro Vancouver released a first-of-its-kind online resource, The FASD Dictionary.

The 26-letter online tool aims to educate people about FASD by providing new language and perspectives, breaking down harmful stereotypes and educating people on the diagnosis, including ways to support and celebrate individuals living with FASD. To create the dictionary, which includes a series of videos and definitions, the YWCA consulted and collaborated with adults living with FASD, doctors and support workers.

FASD is a lifelong, whole-body condition with a wide range of effects that are different for everyone, and can include challenges with memory, emotional regulation and abstract thinking. Because it is largely an invisible condition, the general public often fails to understand what a person with FASD faces in their day-to-day life, or to appreciate their many strengths and abilities.

FASD has been painfully stigmatized, leading to greater social isolation as individuals and their families attempt to navigate harmful stereotypes and unsupportive systems. Mothers of children who have been exposed to alcohol often face judgment to the point where it is difficult to ask for help.

“It is time to move away from shaming women who may carry all sorts of traumas and have diverse life experiences,” said Wanda Pelletier, FASD Key Worker with YWCA Crabtree Corner Community Resource Centre. “Hands up to women that are able to stop, but at Crabtree we work with a population of individuals that may not always be able to stop. We are not here to pass judgement. We are here to support them where they are at.”



The FASD Key Worker Program at YWCA Crabtree Corner provides support for families and children who have been diagnosed with or are suspected of having FASD by using strength-based approaches, a harm reduction model and low-barrier programming. The Key Workers help develop individualized strategies to support children and youth at various developmental stages and help families navigate systems and supports.

“It’s time to understand that not every child learns the same and that we need to make accommodations for what is working for them, and know that tomorrow may bring a whole different way to do things,” Wanda said.

The FASD Dictionary is part of YWCA Metro Vancouver’s United Families for the Future project. Funded by the Public Health Agency of Canada, United Families for the Future is a three-year applied research project that aims to combat stigma and help reduce the prevalence of FASD.

The FASD Dictionary can be accessed through fasddictionary.org.

The FASD Dictionary was produced in collaboration with the following partners:

- The FASD Adult Leadership Committee and Jan Lutke
- Reciprocal Consulting
- The Centre for Health Evaluation and Outcome Sciences
- Rethink Communications
- Dr. Christine Loock, Developmental Pediatrician, BC Children’s Hospital; Professor, UBC Department of Pediatrics
- Dr. Gurpreet (Preety) Salh, MD FRCPC; Developmental Pediatrician, Sunny Hill Health Centre for Children
- YWCA Crabtree Corner Grandparent’s Group
- YWCA Crabtree Corner FASD Key Workers (Special thanks to Wanda Pelletier and April Beaver)

For more information on United Families for the Future, contact Danielle Rana at drana@ywcavan.org | 604 895 5766.



ROCKING OUT FOR A GOOD CAUSE

Rock'n the Park, presented by Beedie, was a fabulous evening of live music, delicious food and entertainment galore. The event was held at Malkin Bowl in Vancouver's Stanley Park on Friday, September 10 for friends, family and partners of Cindy and Ryan Beedie.

In not-so-typical Vancouver weather fashion, it was a sunny afternoon and an evening with clear skies – a perfect day to raise funds in support of the YWCA Metro Vancouver's new proposed housing community and child care centre in Burnaby, envisioned by Cindy Beedie.

Rock'n the Park guests were welcomed to the traditional, unceded territories of the Coast Salish people by Musqueam Elder Larry Grant. The concert lineup featured the musical talents of Billy Idol, Metric, Sir Sly, 54-40 and Bitterly Divine. The surprise headliner, The Killers, wowed guests with an incredible performance.

Under the orange and green balloon arches, attendees enjoyed eats from a smorgasbord of food trucks including Mom's Grilled Cheese and Earnest Ice Cream. An LED robot on stilts wandered the grounds posing for pictures or stopping to have a dance-off. For many, Rock'n the Park marked the first large scale event since the COVID-19 pandemic began. People were

ready to party, and to contribute to the YWCA. In lieu of purchasing a ticket, the Beedies asked guests to donate to the housing and child care project being proposed at 4803 Canada Way.

This new YWCA housing community will provide single mother-led families with safe and affordable homes. The 56 units will be adjacent to a dynamic 37-space child care centre for toddlers and preschoolers, and is perfectly situated near BCIT, transit, parks and schools. Women will be able to access affordable, on-site child care while they pursue education and employment. YWCA staff will help build a safe community and connect families with wrap-around support including educational bursaries, legal advocacy and employment pathways.

More than \$333,500 was raised in support of the project, which includes two remarkable \$50,000 donations.

YWCA Metro Vancouver extends our heartfelt thanks to Cindy and Ryan Beedie for their continued support of women and children.

To donate to this housing community, contact Brenda Ulmer at bulmer@ywcavan.org | 604 895 5764 or Bobbi Sarai at bsarai@ywcavan.org | 604 895 5780.



NEW EMPLOYMENT PROGRAMS

This spring, YWCA Metro Vancouver was successful in our grant applications to provide five new specialized employment and training programs, in addition to securing new contracts to continue providing two successful programs. The funding from the Ministry of Advanced Education and Skills Training is part of BC's Economic Recovery Plan to help British Columbians upskill or reskill and find their place in the post-COVID economy.

New Programs Serve Unique Demographics

YWCA AXIS - A one-to-one employment program for immigrant women who have experienced domestic violence. Offered in English, Farsi, Mandarin or Punjabi, this trauma-informed program helps participants develop an employment or training plan to achieve sustainable employment or further education.

YWCA LAUNCH2SUCCESS - A program for young entrepreneurs aged 15 to 29 looking to launch their own start-ups. The program connects participants with advisors, mentors and business networks to successfully develop and grow their business ideas.

YWCA LEVEL UP - A program that explores a career in the trades, and that addresses the unique challenges women face when entering and working in trades.

YWCA MINDSET - A specialized employment program for job seekers who are seeking support with stress management, anxiety and/or depression. Offered in partnership with Coast Mental Health.

YWCA RESTART - A specialized employment program for women involved with the justice system. The program offers a safe, stigma-free environment to support participants to achieve their employment and education goals. Offered in partnership with Elizabeth Fry Society.

Renewed Contracts for Much-Needed Programs

YWCA ASPIRE - Provides newcomer and refugee women with job search skills and work experience.

YWCA GEAR UP - A training program that equips youth 15-30 years old with the skills, certification and employer connections needed to secure a career as a bike mechanic.

Program Impact

“

The fear and uncertainty I felt before attending YWCA Mindset have shifted to hope and excitement. I gained confidence in my abilities and have the tools I need to seek out and apply for the jobs I want. My dream job feels within reach!

- Allison

“

YWCA Axis was very helpful and I loved the flexible nature of the program. I was able to meet with my career advisor virtually based on my schedule. She was very patient and understanding. My confidence has improved and I have gained full-time employment.

- MK (testimonial translated from Farsi to English)

For more information on YWCA employment programs, contact Lindsay White at lwhite@ywcavan.org.

THE NEXT 125 CAMPAIGN: GENERATIONS OF IMPACT



The Shewan Family: Stacey Kosturos, Dimitri Kosturos, Lori Shewan, Dougal Shewan, Melina and Dimitri.



The Diamond Family: Lauri Glotman, Leslie Diamond, Gordon Diamond, and Jill Diamond.

It's hard to believe that YWCA Metro Vancouver will turn 125 in the new year. Or that our anniversary fundraising effort, The Next 125, has raised more than \$12.5M through donations of \$25,000 or more! As we turn our focus to 2022 and our landmark 125th year, we continue to raise funds to support our community well into the future.

We have also been reflecting on the past. There are many family histories connected to the YWCA, some who have been part of the organization for generations. Stories that perhaps began with a grandmother's support in the early 1900s; a mother's volunteerism in the 1950s; a father's donations to honour his single mother in the 1980s. From here, the philanthropy baton has been passed along through family lines.

We celebrate these families – among so many others – who have involved the next generation in their philanthropy and generously supported The Next 125.

The Shewan Family

"The Shewan Foundation was established in 2009 with the goal of giving back to our community. The initial charities receiving donations were chosen by the founding Directors: Dougal Shewan, Lori Shewan, Stacey Kosturos and Ali Shewan, based on personal experience.

Today, the Shewan Foundation provides funding to local charities supporting education, single

mothers, animal rescue and local theatre, among others. Our hope is that the tradition of giving as a family will continue through our children and grandchildren. Together as a family we hope to make a difference."

- Lori Shewan, Shewan Foundation

The Diamond Family

"Philanthropy is a central part of our family values. It is important to teach each generation the meaning of tzedakah (Hebrew for philanthropy and charity). Family members are able to join the Foundation board. Our hope is that future generations follow in the steps of the Diamond Foundation's founders.

I am continually impressed with the YWCA's leadership and work - past and present, and am confident future decisions will mirror today's successes. I believe the YWCA will continue their great work, to follow the times and change as the world changes. As a member of the Inner Circle for a lifetime and a past Board member, I am proud to also be a supporter of The Next 125 anniversary campaign."

- Leslie Diamond, OBC, Diamond Foundation

You can be part of the YWCA's future. Consider supporting Burnaby Grange Street housing - a Next 125 campaign priority project. Your gift of \$25,000 or more can be pledged over five years. To learn more, please contact Brenda Ulmer at bulmer@ywcavan.org | 604 895 5764.

CONGRATULATIONS!



Lisa Rupert

YWCA Metro Vancouver has been recognized several times this year with awards and accolades.

The YWCA is the recipient of the BC Non-Profit Housing Association's 2021 Housing Provider of the Year Award – Inclusion and Equity. The award recognizes a non-profit housing provider that demonstrates a strong commitment to inclusion and equity in their governance and operations.

Lisa Rupert, YWCA VP of Housing and Violence Prevention, was selected as the winner of a Purple Ribbon Award in the Program/Shelter Executive of the Year category. This award from DomesticShelters.org is presented "to only the best of the best" who are making a substantial positive impact in the lives of intimate partner violence survivors.

Lisa has more than 25 years of experience working with survivors of violence. In addition to

her role at the YWCA, Lisa serves as Chair of the Board of Directors of BC Society of Transition Houses, as a member of the Police Domestic Violence Community Advisory Committee and on Community Living BC's Advisory Committee.

The YWCA Wall for Women (photo below) also received a Purple Ribbon Award in the category of Outstanding Awareness Campaign. It was the winner in the Top Cause category at the Canadian Marketing Association Awards, and was selected as a finalist for the 2021 Best Fundraising Campaign (20+ staff) by CharityVillage.

The Wall for Women is a mural painted by Ola Volo for the YWCA in Downtown Vancouver, at Burrard Street and Melville Street. The mural contains a powerful message and call to action to support women who have experienced violence.

Our heartfelt thanks goes to Rethink Communications for their leadership, creativity and generosity in supporting the YWCA and bringing this impactful campaign to life. And congratulations to YWCA staff for making a positive impact in the community.



TAKE SOME TIME FOR YOU



The past nineteen months have been challenging. The YWCA Health + Fitness Centre has been a wellness sanctuary for many, and members have appreciated our safety protocols, clean facility, friendly staff and the opportunity to stay connected to their fitness community.

Yet for many, day-to-day routines have changed and getting to the gym regularly can be a challenge. Add that to working from home and the “pandemic flux,” people are feeling burnt out, exhausted and ready for a change.

Setting regular routines is important for our overall well-being. As the weather turns to fall, it’s a good time to ask yourself:

What healthy habits of mine have gone by the wayside, and is it time to re-establish them?

Is there something missing that I want back, and how can I make it happen?

The thing to remember is that small steps add up, and to take it easy if you’re getting back into the swing of things. Here are a few things to consider.

Brain health is related to heart health. Plan time each day, or at least four times a week, to do activity that strengthens your heart, like walking, swimming, jogging, dance or a fitness class.

Keeping it consistent but adding variety will help you stay on course, and will help improve your mental well-being.

Do something nice... for you. If you’re feeling down, make a list of all the things you like to do that bring you joy. Some examples include: a barefoot walk on the beach, enjoying a cup of tea with a friend, listening to music, watching the sunrise, tidying a closet, repotting a plant. Can you list fifty things that make you happy? Each day choose at least one thing from your list and complete it.

Connection is important. Making time for social connections will improve your outlook and overall well-being. The Health + Fitness Centre is a great place to nourish relationships. What’s better than getting exercise in with a friend, and then having a cup of tea after? We have just resumed aqua classes in the pool and it is wonderful to see members re-connecting while they exercise after all this time away.

We all need a little boost these days, and even small things can make a big difference.

To join the Health + Fitness Centre for fitness classes, to book time in the pool or to work out in the gym, contact memberservices@ywcavan.org | 604 895 5777.

WHAT MOTIVATES LEGACY GIFTS TO THE YWCA?



*Moura Quayle - photo by
Paul H. Joseph / UBC Brand & Marketing*

Article by Moura Quayle

As a long-time supporter of the YWCA, I was motivated to make a legacy gift when I was in the process of updating my will after the death of my beloved husband, David Fushtey. I was re-thinking bequests and what they mean and what Dave might think would be important and appropriate.

The first impetus for the gift was relationships – specifically the friendship that Dave and I had (and I continue to have) with former YWCA CEO and now Lieutenant Governor of BC, Janet Austin. As anyone who meets Janet knows, she is the epitome of warmth combined with steely resolve to change the world for the better.

The YWCA also had a role in shaping my career. I was honoured by a Women of Distinction Award in 1992 for the work that I had done to shape the City of Vancouver Greenways Program. This Award made me realize how important it is for some academics to actually be “pracademics” – change-makers with a foot in the city and a foot

at UBC (in my case). The Women of Distinction Awards continue to this day as a vibrant reminder of women in action.

I have always been attracted by the diversity of ways that the YWCA supports community – from health and fitness to support for single moms to critical housing needs and services for employment seekers. Finally, I love the way the YWCA keeps evolving with the times and the needs of the community – as we meet the challenges of finding ways to respect equity, diversity and inclusion, the YWCA is there with new ideas.

That is why I am confident that my legacy gift will help the YWCA continue to innovate and support us all.

If you would like to leave a legacy gift in your will or learn more about the Legacy Circle, contact JoAnne Fahr at jfahr@ywcavan.org | 604 895 5829 | or Arden Sutherland at ardensutherland@ywcavan.org | 604 895 5859.

YWCA PROGRAMS AND SERVICES



*YWCA Turning Point Programs address the needs of women who are vulnerable to economic and social risks at critical times in their lives.

SUPPORT FOR WOMEN AND FAMILIES

For more information, visit ywcavan.org

SINGLE MOTHERS' SUPPORT SERVICES
- 604 219 8952

PEACE PROGRAM - 604 734 5722

STOPPING THE VIOLENCE OUTREACH GROUP -
stoppingtheviolence@ywcavan.org

JAPANESE OUTREACH PROGRAM -
604 209 1808

SEEDS OF INDEPENDENCE VIOLENCE
OUTREACH - bfalayi@ywcavan.org

LEGAL EDUCATOR - 604 216 1672

A STRONG START FOR CHILDREN

CITYGATE EARLY LEARNING AND CHILD CARE
1192 Quebec Street | 604 687 1150

CRABTREE CORNER EARLY LEARNING AND
CHILD CARE
533 East Hastings Street | 604 216 1655

LESLIE DIAMOND EARLY LEARNING AND
CHILD CARE

535 Hornby Street | 604 895 5816

*EMMA'S EARLY LEARNING AND CHILD CARE
3839 Carolina Street | 604 879 1121

HEALTHY CHOICES FOR YOUTH

HIGH SCHOOL MENTORSHIP PROGRAM -
604 895 5802

GUIDE TO HIGH SCHOOL - 604 895 5845

CIRCLE OF SISTERS INDIGENOUS
MENTORSHIP PROGRAM - 604 895 5802

DATING SAFE - ywcavan.org/datingsafe

SAFE, AFFORDABLE HOUSING

For women and single mother-led families.

For more information, contact Yasmin B.,
Property Services Assistant at
propertyservicesassistant@ywcavan.org or visit
ywcavan.org/housing

Vancouver

YWCA CAUSE WE CARE HOUSE

YWCA CRABTREE HOUSING

YWCA SEMLIN GARDENS

YWCA PACIFIC SPIRIT TERRACE

YWCA MUNROE HOUSE

YWCA EYRIE

YWCA xw̓łəpícən

Surrey

YWCA ALDER GARDENS

YWCA ARBOUR HOUSE

Langley

YWCA FRASER GARDENS

Coquitlam

YWCA COMO LAKE GARDENS

YWCA COMO LAKE MEWS

North Vancouver

YWCA Cheshá7min-a'wtxw

YWCA MAY BROWN PLACE

Richmond

YWCA MOIZ AND NADIA PLACE - opening soon

PATHWAYS TO EMPLOYMENT

For more information, visit
ywcjobseeker.org

Programs for self-identified women

AFGHAN WOMEN'S EMPLOYMENT -
 604 219 0618
 ASPIRE - 778 222 3278
 AXIS - 604 313 6527
 EMPLOYMENT NAVIGATOR - 604 312 0483
 FOCUS@WORK - 604 699 1788
 LEVEL UP - 604 809 1001
 RESTART - 604 209 8271
 SURVIVE TO THRIVE - 604 936 5694
 TECH CONNECT - 604 219 8525

Programs for youth

ACCELERATE - 604 219 0618
 GEAR UP - 604 250 9342
 LAUNCH2SUCCESS - 778 222 0482
 OFF THE LEASH - 604 605 4666
 STRIVE - 604 970 0139

Other employment programs

JOB FUTURES 55+- 604 220 7183
 MINDSET - 604 209 5796
 TECHLINK - techlink@ywcavan.org

WORKBC CENTRES

YWCA provides WorkBC employment services including job search resources, personal employment planning, training and more.

WorkBC North Vancouver 106-980 West 1st Street, North Vancouver | 604 988 3766

One Stop Career Shop - Youth Satellite 109-980 West 1st Street, North Vancouver | 604 988 3766

WorkBC Vancouver South 7575 Cambie Street, Vancouver | 604 263 5005

WorkBC Midtown West 300 - 2150 West Broadway, Vancouver | 604 688 4666

WorkBC Vancouver City Centre 206 - 535 Thurlow Street, Vancouver | 604 872 0770

Career Zone - Youth Satellite 1260 Granville Street, Vancouver | 604 605 4666

WorkBC Coquitlam 221 - 3030 Lincoln Avenue, Coquitlam | 778 730 0174

WorkBC Port Coquitlam 206 - 2540 Shaughnessy Street, Port Coquitlam | 778 730 0171

WorkBC Port Moody 301 - 130 Brew Street, Port Moody | 604 917 0286

*CRABTREE CORNER COMMUNITY RESOURCE CENTRE

A welcoming centre for women and their families in the Downtown Eastside. Services include early

learning and child care, transitional housing, food programs, single mothers' support groups and support for those living with FASD.

533 East Hastings Street | 604 216 1650

WOMEN WHO INSPIRE

WOMEN OF DISTINCTION - Awards that recognize outstanding women and workplaces.

ywcavan.org/wod
 604 895 5768

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SUPPORT OUR WORK

DONATE

Your gift ensures that families across Metro Vancouver get the resources they need to build community, gain financial stability and move toward their goals.

ywcavan.org/donate



JOIN

YWCA Health + Fitness offers two modern, co-ed fitness facilities in downtown Vancouver. Revenues support programs for local women and families.

ywcavan.org/fitness



VOLUNTEER

Give back by mentoring, lending your skills and more. Our website features opportunities for individuals and groups.

ywcavan.org/volunteer



STAY

The YWCA Hotel provides affordable accommodations for local and international travelers, while generating funds that support local families.

ywcavan.org/hotel



CONTACT NEWSLETTER

EDITOR Elecia Chrunik
DESIGN Marina Arnaud

WRITERS Marina Arnaud Adriane King Sandy Reimer
Patricia Chu Moura Quayle Rebecca Savory



YWCA Metro Vancouver
535 Hornby Street
Vancouver, BC V6C 2E8

tel 604 895 5850
fax 604 684 9171
donations@ywcavan.org

