# CONTACT

SPRING / SUMMER 2022

YWCA
Rewrites
Feminism
to mark
125 years
of service

Equity,
diversity
and inclusion
update

Reserved for Her championed by Scotiabank

Housing initiatives in Richmond and Burnaby

and more.



### A MESSAGE FROM THE CEO

Welcome to the 2022 Spring/Summer edition of Contact. I'm thankful that you are joining us as we continue our work to advance gender equity.

One of the first things we accomplished in 2022 was making public our new Vision and Mission statements. These statements are the result of many deep conversations and multiple rounds of thoughtful editing. We asked for help from all levels of staff, management and our Board, as well as our wider community, to ensure that we were capturing the heart of our work and communicating it precisely.

I am grateful that so many people shared their opinions, insights and hopes and came together to contribute. Most importantly, this work enables us to align our energy and take meaningful steps to realize our new vision and mission.

#### Vision:

We boldly envision a just and equitable world for women, families and allies.

#### Mission:

We advance gender equity alongside women, families, Two-Spirit and gender diverse people through advocacy and integrated services that help support personal. collective and economic wellbeing.

This year marks a major milestone for YWCA Metro Vancouver - 125 years of serving the community. In 1897, the world and this region looked very different, but some things have persisted. There was, and still is, systemic oppression that affects women and others who face marginalization. While we still work to provide resources like housing, child care, support groups, employment and mentorship, we are also focusing on changing the systems themselves.

For that reason, we have been adding extra energy to our advocacy work. You can read on pages 10/11 about how we are recognizing and celebrating diverse women with the Reserved for Her championed by Scotiabank campaign, as well as our anniversary campaign called Rewrite Feminism (pages 6/7), which updates time worn feminist sayings to be more inclusive. An update on our equity, diversity and inclusion work is featured on page 3, and in this issue we highlight new employment programs, housing and Marguerite Ford, a trailblazer and Legacy Circle member.

While we have started 2022 with much on our collective plates, we are also spending time reflecting. As part of our 125th anniversary, we will work to acknowledge our role in Canada's colonial history and the generational impacts this continues to have on Indigenous peoples. We know that without decolonization - changes to our structures, policies, programs and practices, as well as changes to our larger societal systems - there can be no reconciliation. In our 125th year, we will continue to focus on equity, inclusion and reconciliation.

With that, I hope you enjoy this edition of Contact. Please reach out to me if you have questions or comments, and thank you for supporting the work of the YWCA.



Michelle Sing Interim CEO YWCA Metro Vancouver



**EQUITY, DIVERSITY** AND INCLUSION UPDATE







The YWCA Racial Equity Committee works on an artistic piece to commemorate the International Day for the Elimination of Racism.

Three YWCA staff committees - Truth & Reconciliation, Gender Inclusion and Racial Equity - have been busy over the past few months, supporting and advancing equity, diversity and inclusion (EDI) across YWCA Metro Vancouver.

What have they been up to?

#### TRUTH AND RECONCILIATION COMMITTEE

Members of the Truth and Reconciliation Committee planned and helped coordinate staff participation in the Women's Memorial March on February 14 in honour of the lives of missing and murdered Indigenous women and girls. April Beaver, committee co-chair, designed and created beautiful buttons for participants. The committee is continuing to organize Truth and Reconciliation training for staff throughout the year, and is looking to provide an annual workshop on creating more meaningful and purposeful land acknowledgements for employees.

#### **GENDER INCLUSION COMMITTEE**

The Gender Inclusion Committee champions inclusion of LGBTQ2SAI+ folks within departments and across the organization. The committee provided integral guidance on Prism, a new YWCA employment program that will be run in partnership with QMUNITY to deliver employment skills training and support

to gueer, trans and Two-Spirit folks in BC. We have also initiated an exciting new partnership with TransFocus, an organization providing guidance and training to facilitate growth within workplaces and organizations to make them more inclusive of gender diversity.

#### **RACIAL EQUITY COMMITTEE**

The Racial Equity Committee continues to issue a Monthly Awareness and Acknowledgement Calendar for staff, highlighting diverse community events and cultural celebrations, and recently authored blog posts to commemorate Asian Heritage Month and Black History Month. This committee also hosted two equity talks for staff, facilitated by Bakau Consulting: Fundamentals of Anti-Racism and Active Listening. They also completed a project in recognition of The International Day for the Elimination of Racial Discrimination, which includes artwork from our greater community. Stop by to see the finished product at the YWCA Program Centre, located at 535 Hornby Street in Vancouver.

All three equity committees provided important feedback on the organization's new vision and mission statements, and we are grateful for their time and commitment.

For more information, contact Tamara Robertson-Fry at trobertsonfry@ywcavan.org 604 895 5860.

Richmond.

YWCA MOIZ AND NADIA PLACE YWCA Metro Vancouver is thrilled to have recently opened the doors and welcomed

residents to YWCA Moiz and Nadia Place in

These 27 new homes are a reality thanks to the generous support of our donors. Our heartfelt gratitude goes out to Moiz and Nadia Lalani for their generous leadership gift towards this critical new project.

Lisa Rupert, VP of Housing and Violence Prevention, recognizes the need for new homes across Metro Vancouver. "With costs skyrocketing and the housing crisis impacting so many, having access to affordable homes is a critical step for women on their journey to safety and independence," she said. "Expanding our housing is one of the most effective ways we can create lasting change in people's lives."

For the first time at a YWCA housing community, studio and one-bedroom units will also be available alongside two- and three-bedroom units. In addition to serving single mothers and their children, we will be offering housing for single women without dependents, prioritizing those who are fleeing violence from an intimate partner, women aged 55+ and those who wish to stay in the community.

YWCA Moiz and Nadia Place is close to Richmond Centre, grocery stores, Richmond Public Library, Richmond General Hospital, schools, play areas and plenty of green spaces. Residents will also have full access to all building amenities within the four-tower complex. The building itself is home to an incredible six-storey high public art piece called "Sea to Sky" by Musqueam artist Thomas Cannell.

We appreciate all of our donors, with special recognition to the Government of Canada -Canada Mortgage and Housing Corporation and Government of BC - BC Housing and the Government of Canada's Reaching Home: Canada's Homelessness Strategy program.



"Sea to Sky" by Musqueam artist Thomas Cannell. Photo by YVR Urban.



"When I made the decision to empower myself and leave a bad situation. I lost a lot of people, but I have gained the amazing support of many here at the YWCA. I am grateful and lucky to be part of a circle of strong women here who have made my transition here so much smoother. You will always be remembered for being the reason I was able to find a safe haven for my son and 1."

-Resident of YWCA Moiz and Nadia Place

For more information, please contact Bobbi Sarai at bsarai@ywcavan.org | 604 895 5780.





Rendering of YWCA housing community on Grange Street in Burnaby

YWCA Metro Vancouver is thrilled to be partnering with Qualex-Landmark Orchard to provide 32 new two- and three-bedroom homes in a five-storey building on Grange Street in the heart of Burnaby. In an excellent location close to Metrotown, grocery stores, a library, Central Park and transit, this new YWCA housing community includes a beautiful outdoor play area and gathering space; it will provide much-needed homes for single mothers and their children living on low and moderate incomes.

The building permit is expected in late spring. with occupancy in 2025.

Fundraising is underway, with 35% of our \$11.8M goal raised. To ensure the project can proceed, we are urgently seeking support from donors to raise the remaining \$7.7M.

If you are interested in making a donation, or being a lead donor who could name this new housing community, please contact Bobbi Sarai at bsarai@ywcavan.org | 604 895 5780.

#### **SPECIAL THANKS**

With the opening of YWCA's newest housing initiative, YWCA Moiz and Nadia Place, we would like to acknowledge Amazon Canada for their leadership in supporting this important community. As a Create Change Sponsor for the 2021 Women of Distinction Awards, Amazon provided matching funds to raise a total of \$118,000 for affordable and safe housing in the heart of Richmond.

local families. YWCA Moiz and Nadia Place will provide a foundation for women to build better futures for themselves and their children, and we are tremendously proud to see this

## YWCA 'REWRITES FEMINISM' TO MARK 125 YEARS OF SERVICE

To mark the organization's 125th anniversary, YWCA Metro Vancouver launched 'Rewrite Feminism' - a creative campaign that takes well-known feminist sayings and re-writes them to centre and celebrate diversity and inclusion.

"Mainstream feminism hasn't always been inclusive of Black, Indigenous and racialized women, or trans, Two-Spirit and gender diverse people," says Amy Juschka, YWCA Director of Communications and Advocacy. "To reflect on where we have come from as an organization and to move toward a future that includes everyone, this campaign reflects our commitment to rethink and rewrite feminism."

Posted across social media and through print and digital advertising across Metro Vancouver, Rewrite Feminism takes well-known sayings that are closely associated with traditional feminism, and re-writes them to centre inclusion. We also invited our communities to contribute feminist sayings in their languages, which included: French, Spanish, Portuguese, Indonesian, Malay, Chinese, Tagalog, Farsi, Japanese, Korean and Punjabi.

YWCA Metro Vancouver is dedicated to creating meaningful social change and advancing equity



Women often lack access to work that offers fair pay, and safe and affordable housing and child care are especially out of reach for single mothers. Women are also underrepresented in























leadership positions, left out of decision-making processes and face gender-based violence and discrimination. Black, Indigenous and racialized women, and Two-Spirit, trans and gender diverse people experience these barriers even more acutely.

In our 125th year, YWCA of Metro Vancouver is creating and delivering innovative services that help women stay safe, access housing, enhance their skills, find employment and build community.

To address gender inequity at its roots, we go

one step further - fighting for systemic change to build a just and equitable world, where women, families and allies thrive.

Rewrite Feminism marks our commitment to acknowledging the different identities, experiences and perspectives of women, in all their diversity.

To see more, visit the campaign website **ywcavan.org/rewritefeminism**. For more information about the YWCA's advocacy work, contact Amy Juschka at ajuschka@ywcavan.org | 604 895 5810.









**BARKING UP THE RIGHT TREE** 

Last fall, YWCA Metro Vancouver launched an exciting new employment program that prepares job seekers aged 15-30 for entry-level careers in the pet and animal care industry.

YWCA Off the Leash is funded by the Government of Canada's Youth Employment and Skills Strategy. The program consists of four weeks of skills training workshops followed by 10 weeks of professional work experience. During training, participants receive in-demand professional certifications relevant for their future careers.

"Many clients enter our program with uncertainty about their future," says program manager Kimberly Way. "They have a genuine love of animals and know they want to work in pet care but believe they lack the connections, experience and skill set to get their foot in the door. For me, the best thing about this program is getting to witness participants turn these challenges into opportunities," she adds.

Several program graduates have already secured employment in the pet care industry, such as Lisa Yang, who was recently hired to work at a local veterinary clinic.

"I had just finished university when I saw an ad about the YWCA Off the Leash program. As an animal lover, I was really intrigued, but I had no experience working with animals. The timing was perfect as I wasn't sure of what to do in terms of a career," says Lisa. "The program gave me a sense of confidence in a field where I had no experience. Besides work support, the program also provided an environment of safety, kindness and fun. It was also really nice being able to meet other animal lovers hoping to work with animals, it gave participants a sense of belonging."



Lisa Yang, YWCA Off the Leash program graduate, at work.

YWCA Off the Leash next cohort starts on April 25, 2022. For more information, visit ywcavan.org/ off-the-leash or contact offtheleash@ywcavan. org | 604 605 4666.

In partnership with QMUNITY, YWCA Metro Vancouver is supporting the launch of Prism, an Employment Support Service that will deliver employment skills training and support to queer, trans and Two-Spirit folks in BC. The service will connect individuals with jobs, and also provide employment coaching and support through the process of selecting, applying and interviewing for jobs.

**QMUNITY** is a non-profit organization that works to improve queer, trans and Two-Spirit lives. They provide a safer space for LGBTQ2SAI+ people and their allies to fully self-express while feeling welcome and included.

We are thrilled to partner with QMUNITY in this exciting initiative. To learn more, visit qmunity.ca



### THE NEXT 125 CAMPAIGN: BUILDING BRIGHTER FUTURES, FOR EVERYONE

As we step into our 125th anniversary year and the final year of our Next 125 campaign, it is an opportunity to reflect on our history and recognize the dedication and generosity of our community in supporting women and families as they pursue their goals and dreams.

Since our inception in 1897, the YWCA has provided safe spaces for women. As we evolved and expanded our programs, housing has become a critical pillar of our work and vision for the future.



YWCA Munroe House - Canada's first second-stage transition house for women fleeing abusive partners - opened its doors in 1979.

Through the Next 125 campaign, more than 70 individuals, families and foundations have raised more than \$13.6M through donations of \$25,000 or more, to help create a lasting legacy. This includes building more safe and affordable housing communities with the additions of YWCA Pacific Spirit Terrace, YWCA May Brown Place, YWCA Moiz and Nadia Place and the housing community under development on Grange Street in Burnaby. We are deeply appreciative of Next 125 donors' commitment and passion in building a vibrant future where all families can thrive.

We currently operate 13 housing communities across Metro Vancouver for women and children and our full continuum of options ranges from emergency shelter, to second-stage transition housing, to long-term, deeply affordable rental housing. Residents also have access to the YWCA's wrap-around services that foster a stable transition to safety and personal independence. Many YWCA housing communities also have an onsite Community Development Coordinator for additional support.

The Grange Street building will extend our housing into Burnaby. Construction is underway, with completion scheduled for 2025. We are looking for a lead donor and other generous supporters to help raise the remaining \$7.7M for these 32 new homes for single mothers and their children.

You can be part of the YWCA's future. Consider joining The Next 125 with a gift of \$25,000 or more. To learn more, please contact Brenda Ulmer at bulmer@ywcavan.org | 604 895 5764.

#### **MESSAGES FROM NEXT 125 SUPPORTERS**

"We all live in the community and it is truly a blessing to give, and help to make a difference in the lives of those in need. I am touched by all the wonderful work done by YWCA, particularly towards young single mothers. The housing communities serving women is another shining example to help take some of the stress away from women, while caring for their children and making a living at the same time. It helps to create a bright future for young single moms and their babies to succeed in life." - Sandy So

"Our family gives to the YWCA's housing initiatives as a way to invest in a liveable region for women and children. The housing options developed by the YWCA are planned for safety and connectivity and supported by programming to make sure families are able to participate fully in their communities. The YWCA also backs up their projects with effective advocacy to alert policy makers to the needs of the families they house. Their 'formula' is a win-win-win as far as we are concerned." - Patricia North

## **RESERVED FOR HER** CHAMPIONED BY SCOTIABANK







Nataizya Mukwavi, Founder of Black Women Connect Vancouver; Marina Melanidis, Founder of Youth4Nature; Kaayla Whachell, Cinematographer; Paige Whitehead, Inventor (p. 11)

Throughout history, women's contributions to society have often been overlooked, minimized, forgotten or denied. Our research shows that just over 10% of permanent statues in Canada depict real women and almost no statues depict Black, Indigenous or racialized women.

On March 8, International Women's Day, we made public a statue-less statue base and invited all self-identifying women to step up onto the platform and claim their spot. Reserved for Her championed by Scotiabank was installed at the Vancouver Convention Centre and remained in place for all of March, drawing in selfidentifying women to stand atop the base and feel empowered.

We also invited a group of local women inventors, activists, artists and creators - to join in, have their photos taken and spread the word on social media.

"We hope this serves as a conversation starter around representation and the importance of celebrating women in our communities," says Amy Juschka, Director of Communications and Advocacy. "We also hope this can be inspiring and aspirational for our next generation of trailblazers, because they are the future of gender equity."

The Reserved for Her statue base was made possible thanks to the championing and support of Scotiabank. The campaign was created in partnership with Rethink Communications and images were photographed by Lauren D Zbarsky, a local Vancouver photographer.

We are seeking a supporter to make our statue base permanent.

For more information about the YWCA's advocacy work, contact Amy Juschka at ajuschka@ywcavan.org | 604 895 5810.



#### **ONLY APPROXIMATELY 12% OF** STATUES IN CANADA DEPICT WOMEN.

How did we come to that conclusion?

With Rethink Communications, we conducted independent research of current statues across Canada. on Parliament Hill, and in select Metropolitan cities across the country, averaging the findings in each. Although there is no perfect list of all Canadian statues, the percentages we found were similar throughout.



#### WHY AN EMPTY STATUE BASE AND NOT A STATUE OF A WOMAN?

Representation is more than seeing a statue and thinking I could be her - it's about seeing this empty statue base and thinking this could be ME. We wanted to take it one step further so that Reserved more than a conversation starter, it's an inspirational and aspirational piece.

The International Transgender Day of Visibility is acknowledged each year on March 31 and recognizes the resilience and accomplishments of the transgender community, as well as raises awareness of the discrimination faced by the transgender community worldwide. YWCA Metro Vancouver stands in solidarity with the trans community and continues to advocate for trans rights.

QMUNITY's #YouBelongHere campaign asked the trans community and its allies to capture and share photos with these messages of solidarity:

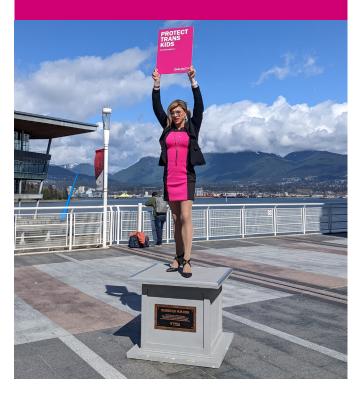
Support, Uplift, Protect Trans Voices

Trans Rights Are Human Rights

**Protect Trans Kids** 

#### Trans Women Are Women

In support of #YouBelongHere, we invited members of the trans community to stand on our statue-less statue base, designed to honour and lift up ALL women and girls with their messages of solidarity.



# "I'M NOT BIG ON HOUSEWORK": MARGUERITE FORD HAS GREAT REASONS FOR SUPPORTING HER COMMUNITY



Marguerite Ford, photo by Sydney Bryce

Marguerite Ford is widely known as a generous, intelligent and community-minded woman. We are honoured she has been a YWCA donor for more than three decades, and we are grateful that she is a Legacy Circle member, so that her deep commitment to supporting women and families extends beyond her lifetime with a bequest in her will.

Marguerite's interest in women's rights led her to first engage with YWCA Crabtree Corner in the 1980s. She was instrumental in assisting YWCA's then-CEO, Lois Hollstedt, and the City of Vancouver's Social Planning department, to develop our child care program in the Downtown Eastside. She was an early advocate in recognizing the need for programs and services that support mothers and children, and her interest in transition housing helped bring awareness to YWCA housing communities.

When asked why she chooses to support the YWCA's work, she said, "I don't know of any organization that does so much in so many different ways." It is high praise from a woman who herself has accomplished so much in many

different areas. Marguerite served on Vancouver City Council for 10 years where she advocated for health care and housing; was Executive Director of the Alzheimer Society; and worked as a Citizenship Judge with an administrative tribunal within Immigration, Refugees and Citizenship Canada. For her service, Marguerite received the Order of Canada in 1993 and the Order of British Columbia in 1997.

Marguerite is also a lifelong volunteer for a long list of organizations. When asked what motivates her to dedicate her time in this way, her response was: "It's something I can do. I'm not big on housework."

We are so grateful that Marguerite supports the YWCA with her sharp humour and huge heart.

To join Marguerite in the Legacy Circle and support the critical work of YWCA Metro Vancouver in your estate planning, please reach out to Adriane King at aking@ywcavan.org |604 895 5864, JoAnne Fahr at jfahr@ywcavan.org |604 895 5829 or Shantal Cashman at scashman@ywcavan.org |604 895 5859



## I FOUND MY BALANCE AT YWCA HEALTH + FITNESS

YWCA Health + Fitness partners with Simon Fraser University to hire students who want to learn the behind-the-scenes business and operations of a fitness centre. In either fouror eight-month terms, experience gained includes programming, equipment maintenance, scheduling and training, marketing and member services and retention. It is our goal that students have a full and rewarding experience as a member of our team.

When searching for a co-op opportunity, the YWCA Health + Fitness Centre stood out to me because of its positive reputation and values. However, I didn't realize how amazing my journey would actually be.

At the YWCA, I interact with beautiful people of the community. We all share our experiences, laughter and encouragement while attending an array of fitness classes, which help ease the body and provide mental peace.

I often forget that my journey started during the pandemic because every day I feel welcomed and supported. When gyms were closed, my incredible team continued to put their best foot forward and serve the community safely. There was much anticipation and demand for YWCA Health + Fitness Centre and YWCA Fitness + Racquet Club to reopen. The community missed our facility greatly and staff were excited to welcome everyone back. It was an absolute joy to see members return so happily and I felt proud to contribute to this.

My responsibilities and tasks vary every day, which keeps me motivated and excited. One of the new things I've learned is how to conduct Body Composition testing, which helps members learn about their body.

Through my employment at YWCA, I have the privilege of taking a variety of group fitness classes. These classes have not just made me fitter in a short period of time, they also are so much fun and gave me the confidence to try new things and push me outside of my comfort zone. Additionally, my swimming ability has

progressed significantly from taking lessons. The swimming and fitness instructors are world-class and they pay great attention to the result you want.

Joining YWCA Health + Fitness, a communitycentred facility that focuses on safe and inclusive spaces, has made me find balance in my life. During my time here, I've been able to take care of my mental and physical health, connect with amazing people, share experiences, learn new skills and fulfill the components of my wellness wheel. That's what I call balance!

To join the Health + Fitness Centre for fitness classes, to book time in the pool or to work out in the gym, contact memberservices@ywcavan. org | 604 895 5777.



Mithila Adri Mim, Fitness Assistant, YWCA Health + Fitness Centre

### YWCA PROGRAMS **AND SERVICES**



\*YWCA Turning Point Programs address the needs of women who are vulnerable to economic and social risks at critical times in their lives.

#### SUPPORT FOR WOMEN AND FAMILIES

For more information, visit ywcavan.org

SINGLE MOTHERS' SUPPORT SERVICES - 604 219 8952

PEACE PROGRAM - 604 734 5722

STOPPING THE VIOLENCE OUTREACH GROUP stoppingtheviolence@ywcavan.org

JAPANESE OUTREACH PROGRAM hkase@ywcavan.org | 604 209 1808

SEEDS OF INDEPENDENCE VIOLENCE **OUTREACH-**

seedsofindependence@ywcavan.org

LEGAL EDUCATOR - 604 216 1672

#### A STRONG START FOR CHILDREN

CITYGATE EARLY LEARNING AND CHILD CARE 1192 Quebec Street | 604 687 1150

CRABTREE CORNER EARLY LEARNING AND CHILD CARE

533 East Hastings Street | 604 216 1655

LESLIE DIAMOND EARLY LEARNING AND CHILD CARE

535 Hornby Street | 604 895 5816

\*EMMA'S EARLY LEARNING AND CHILD CARE 3839 Carolina Street | 604 879 1121

#### HEALTHY CHOICES FOR YOUTH

HIGH SCHOOL MENTORSHIP PROGRAM mentorship@ywcavan.org | 604 219 5628 GUIDE TO HIGH SCHOOL - 604 895 5779

CIRCLE OF SISTERS INDIGENOUS MENTORSHIP PROGRAM - 604 895 5802 DATING SAFE - ywcavan.org/datingsafe

#### SAFE, AFFORDABLE HOUSING

For women and single mother-led families.

For more information, contact Yasmin B., Property Services Assistant at propertyservicesassistant@ywcavan.org or visit ywcavan.org/housing

#### Vancouver

YWCA CAUSE WE CARE HOUSE

YWCA CRABTREE HOUSING

YWCA SEMLIN GARDENS

YWCA PACIFIC SPIRIT TERRACE

YWCA MUNROE HOUSE

YWCA EYRIE

YWCA xwhəpicən

#### Surrey

YWCA ALDER GARDENS YWCA ARBOUR HOUSE

#### Langley

YWCA FRASER GARDENS

#### Coquitlam

YWCA COMO LAKE GARDENS YWCA COMO LAKE MEWS

#### North Vancouver

YWCA CHESHÁ7MIN-AWTXW YWCA MAY BROWN PLACE

#### Richmond

YWCA MOIZ AND NADIA PLACE



#### PATHWAYS TO EMPLOYMENT

For more information, visit ywcajobseeker.org

#### Programs for self-identified women

AFGHAN WOMEN'S EMPLOYMENT -604 219 0618 ASPIRE - 778 222 3278 AXIS - 604 313 6527 EMPLOYMENT NAVIGATOR - 604 312 0483 FOCUS@WORK - 604 699 1788 SURVIVE TO THRIVE - 604 936 5694 TECH CONNECT - 604 219 8525

#### Programs for youth

ACCELERATE - 604 219 0618 GEAR UP - 604 250 9342 OFF THE LEASH - 604 605 4666 STRIVE - 604 970 0139

#### Other employment programs

CAREER PATHS FOR SKILLED IMMIGRANTS -604 209 8271 IN MOTION & MOMENTUM+ - 604 209 0275 JOB FUTURES 55+- 604 220 7183 MINDSET - 604 209 5796 PRISM - 604 684 5307 TECHLINK - techlink@ywcavan.org

#### **WORKBC CENTRES**

YWCA provides WorkBC employment services including job search resources, personal employment planning, training and more.

WorkBC North Vancouver 106-980 West 1st Street. North Vancouver | 604 988 3766

One Stop Career Shop - Youth Satellite 109-980 West 1st Street, North Vancouver | 604 988 3766

WorkBC Vancouver South 7575 Cambie Street. Vancouver | 604 263 5005

WorkBC Midtown West 300 - 2150 West Broadway, Vancouver | 604 688 4666

WorkBC Vancouver City Centre 206 - 535 Thurlow Street, Vancouver | 604 872 0770

Career Zone - Youth Satellite 1260 Granville Street, Vancouver | 604 605 4666

WorkBC Coquitam 221 - 3030 Lincoln Avenue, Coquitlam | 778 730 0174

WorkBC Port Coguitlam 206 - 2540 Shaughnessy Street, Port Coquitlam | 778 730

WorkBC Port Moody 301 - 130 Brew Street, Port Moody | 604 917 0286

#### \*CRABTREE CORNER COMMUNITY RESOURCE CENTRE

A welcoming centre for women and their families in the Downtown Eastside. Services include early

learning and child care, transitional housing, food programs, single mothers' support groups and support for those living with FASD.

533 East Hastings Street | 604 216 1650

#### WOMEN WHO INSPIRE

WOMEN OF DISTINCTION - Awards that recognize outstanding women and workplaces. ywcavan.org/wod 604 895 5768

#### 2021 - 2022 BOARD OF DIRECTORS

Chair: Valerie Mann Vice-Chair: Lawrie Ferguson Treasurer: Cathy Imrie Secretary: Marilyn Mauritz

Paulina Cameron **Rosalind Campbell** Lisa Coltart Roopa Davé Elayna Diemert Morna Sileika **Dianne Sparrow** Diane Sullivan

## SUPPORT OUR WORK

FOR IMMEDIATE IMPACT, DONATE ONLINE NOW \_\_\_



#### **DONATE**

Your gift ensures that families across Metro Vancouver get the resources they need to build community, gain financial stability and move toward their goals.

ywcavan.org/donate



#### **JOIN**

YWCA Health + Fitness offers two modern, coed fitness facilities in downtown Vancouver. Revenues support programs for local women and families.

ywcavan.org/fitness



#### **VOLUNTEER**

Give back by mentoring, lending your skills and more. Our website features opportunities for individuals and groups.

ywcavan.org/volunteer



#### **STAY**

The YWCA Hotel provides affordable accommodations for local and international travelers, while generating funds that support local families. ywcavan.org/hotel



#### **CONTACT NEWSLETTER**

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125 YEARS

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