

# WORKOUT TO WIN!

HEALTH  
FITNESS  
YWCA HEALTH + FITNESS CENTRE



Come in for a workout between August 2 - August 31 and enter the draw to win a great prize from one of our beloved business partners, [LadySport & Fit First Footwear!](#)

**\$150 LadySport & Fit First Footwear Gift Certificate**

Selling women's and men's footwear, women's and men's apparel, accessories, and youth footwear.

- One entry per day so come frequently to increase your chances!
- Contest available to members only, terms & conditions apply.
- Enquire with Member Services for details.
- The draw will be on September 1.
- The entries will be verified before announcing the winners.

Please pick up an entry form at Member Services or scan the QR code to enter with each visit.

