

CONTACT

FALL/WINTER 2022

YWCA City Shift Reimagining Our Cities

Breaking Ground for
Stable Housing

**Truth and
Reconciliation
Updates**

YWCA welcomes
**Afghan and
Ukrainian Women**

and more.

A MESSAGE FROM THE CEO



Hello, all – I'm Erin Seeley, YWCA Metro Vancouver's new CEO. I've been at the post for several months now and have been looking forward to introducing myself to you and the wider YWCA community. I'm still so thrilled to have been trusted with this role, and I don't see the shine wearing off any time soon.

It has been an exciting introduction to the organization. Like most staff here, I have been incredibly busy. I spent the first few weeks on the job meeting my colleagues, visiting program locations and learning about what the YWCA has accomplished recently and over the last 125 years. There is a tremendous history of services that support women and families, and a lot to understand about the breadth, depth and impact of the YWCA.

The common thread that I have seen running through it all – from employment services, to child care, to housing, and to our social programs and social enterprises including the Health + Fitness Centre and the Hotel – is a shared passion to create meaningful change and healthier communities.

Looking ahead, we have already made some meaningful decisions that will direct our organization's future. The most significant is regarding our next Strategic Plan. Along with input from senior management and the Board, we will be presenting an interim one-year plan for 2023, followed by a longer-term, more robust plan to begin in 2024. This will give myself and our team the opportunity to listen to the community about what they need and

how the YWCA can best serve them.

As I'm sure you know, and as is demonstrated by the stories in the following pages, the strength of the YWCA lies in the relationships we nurture – between staff, with the people we serve and with our community of donors who generously support the work that we do. Because of these relationships, the YWCA has been able to adapt during the pandemic, continuing to provide effective support services, while being financially prudent and forward-thinking. This is a strong network that knows how to weather a storm and to thrive under pressure, and it gives me great hope and excitement for the years ahead.

We have much on the go, including our three-year advocacy project, City Shift, new housing communities, innovative employment programs, support for Ukrainian mothers and more.

And there is much to be done. To bring about change, we must work together with determination and heart, with a focus on equitable opportunities, shared growth, healing and reconciliation. I, for one, am energized and ready.

Thank you for joining us on this journey, and I hope you enjoy this edition of Contact.

A handwritten signature in black ink, appearing to read 'Erin Seeley'.

Erin Seeley, CEO
YWCA Metro Vancouver

BREAKING GROUND FOR STABLE HOUSING

On September 14, 2022, YWCA Metro Vancouver and Qualex-Landmark Orchard Limited Partnership broke ground on a new housing community in Burnaby on Grange Street. These 32 new two- and three-bedroom units will provide much-needed homes to help address the region's housing supply shortage.

It was a warm and cloudless day, boding well for this exciting project. Alroy Baker, Squamish Elder and language teacher, opened the event with a blessing and acknowledgement of our presence on the ancestral and unceded homelands of the **hən̓q̓əmiñəḥ** and **Skwxwú7mesh** speaking peoples.

Burnaby Mayor Mike Hurley and several city councillors also attended, as did representatives from Qualex-Landmark, Axiom Builders, architect firm RWA Group and Canadian Western Bank; donors and community members completed the audience.

This new YWCA housing community will offer residents a safe home in an excellent location close to Metrotown, grocery stores, a library, Central Park and transit. Amenities will include a children's play area and both indoor and outdoor gathering spaces, plus many other amenities. Residents will also have access to YWCA resources such as an onsite community development coordinator, child care, legal education and employment services.

"Many women tell us that it is the community they build and not just the affordability of YWCA housing that makes a difference to their families," said YWCA CEO Erin Seeley. "We look forward to watching a community grow here."

Fundraising is underway, with 55% of our \$11.7M goal raised. We are very grateful to our community of donors who are helping make this vision a reality.

The YWCA is actively seeking donors to raise the remaining \$5.27M. Should you be interested in making a donation or becoming a lead donor who could name this new housing project, please contact Bobbi Sarai Tanguay at bsarai@ywcavan.org | 604 895 5780.



YWCA Grange Street ground breaking ceremony

A LONG-AWAITED OPENING

After several pandemic-related delays, we were thrilled to host the official opening of YWCA May Brown Place in late September. Guests gathered on the rooftop terrace to take in the incredible views of North Vancouver and, despite some surprise rain, the mood was cheerful and bright.

We were happy to host several members of May Brown's family to share memories of her legacy. A strong supporter of women in government, May Brown actively mentored women seeking public office until she died in 2019. She was a City of Vancouver councillor, Park Board member and early promoter of women athletes in BC. May was involved with the YWCA for more than 80 years and we were delighted when May's family graciously agreed to have her as the community's namesake.

We thank BC Housing and the generous donors who made this housing community a reality.

The YWCA is committed to building and operating safe, affordable housing communities across Metro Vancouver for single mothers and their children. For more information, please contact Brenda Ulmer at bulmer@ywcavan.org | 604 895 5764.

TOWARD TRUTH AND RECONCILIATION

As YWCA Metro Vancouver pursues a path of reconciliation, the organization is taking steps to educate staff and encourage deeper learning about this country's history, while fostering relationships with and supporting Indigenous leaders.

September 30 marked the National Day for Truth and Reconciliation, a day of reflection, action in supporting Indigenous communities and celebrating Indigenous cultures and teachings. On September 29, the YWCA offered staff the opportunity to watch the film *Hidden Legacies*, directed by Anishinaabe filmmaker Lisa Jackson.

The event was hosted by Viola Thomas, YWCA Indigenous Relations Manager, and April Beaver, YWCA Aboriginal Infant Development Program Regional Advisor/Consultant at Crabtree Corner and Co-Chair of the Truth and Reconciliation staff committee. The film explores the experiences, struggles and resilience of intergenerational survivors of residential schools, and was a deeply emotional experience for many. Following the screening, there was time to reflect and share on learnings, led by members of YWCA equity committees.

We closed the event by watching a video for the song *We Won't Forget You*, written, recorded and filmed with students from Sk'elep School of Excellence in Tk'emlúps te Secwépemc, Kamloops, BC.

We are grateful to members of the Indian Residential Schools Survivors Society for joining us for added emotional support.

TERRITORIAL ACKNOWLEDGEMENTS

The YWCA released a set of guidelines for staff to help reflect on and compose personal territorial acknowledgments. Several staff members participated in a live workshop on Transformative Territorial Acknowledgements with Len Pierre Consulting; these guidelines were built on the lessons learned from that seminar. Further opportunities for seminars on this topic will be available to staff in the near future.

We are excited to work together as an organization to gain deeper understanding of this practice, and to gain confidence and humility in recognizing our individual relationship to the land we occupy.



Photo by Tandem X Visuals.

KEEPING FAMILIES TOGETHER



Keeping Families Together event on June 15, 2022

On June 15, 2022, the YWCA held its Annual General Meeting, which included a public panel event to address the child welfare system and finding solutions to improve it. The panel was hosted by YWCA Indigenous Relations Manager, Viola Thomas, and panelists included Mary Teegee, Executive Director of Child and Family Services at Carrier Sekani Family Services; Cheyenne Stonechild, Founder of 4 the Generation Project; Frances Rosner, Lawyer practicing in family and prison law; and Grace Tait, Associate Director at YWCA Crabtree Corner Community.

We are grateful to Elder Glida Morgan for her prayers and territorial acknowledgement, and to the 222 people who attended the event online and in person.

“

This event was very powerful. Everyone who spoke brought stories and reflections that motivate and inspire action and a sense of collective community.”

“Thank you for bringing together such an amazing collective of women.”

For more information about the YWCA’s work in truth and reconciliation, please contact Tamara Roberston-Fry at trobertsonfry@ywcavan.org | 604 895 5860.

Indigenous children account for 68% of all children in foster care in BC, despite only representing around 6% of the population (as of Census 2016).

Join us in calling on government officials to honour key legislation that addresses systemic racism and ongoing discrimination of Indigenous peoples. We are asking them to honour what each Declaration, Act, Report and Mandate says about addressing Indigenous Child Welfare systems. For a list of elected officials and an easy-to-use template that calls for action, visit ywcavan.org/keep-families-together.

REIMAGINING OUR CITIES



Photos (p. 6 and 7) of the Reimagining Our Cities event on September 22, 2022 by Maxine Bulloch.

One of YWCA Metro Vancouver's advocacy priorities is the economic, physical and mental well-being of women and gender-diverse people. To achieve this, we need a holistic approach, which includes creating public spaces that support the diverse needs of all citizens. We need cities that allow for equal opportunities, functionality and safety; and we need representation that reflects the diversity of Metro Vancouver.

This is why we launched City Shift, a three-year project with support from Women and Gender Equality Canada, that calls on local decision-makers across policy, funding and services to commit to making Metro Vancouver a safer and more equitable place. This initiative encourages elected officials to use an equity lens on city planning, and to follow through with action on changes that need to be made.

In addition to creating a Kickstarter Guide, City Shift will incorporate a series of events and workshops. Reimagining our Cities was the first event, held at SFU's Goldcorp Centre for the Arts

on September 22 in front of a sold-out crowd. Maria Vassilakou, Former Deputy Mayor of Vienna, Austria, gave the keynote address about how, during her tenure, her administration helped Vienna consistently rank as one of the most livable cities in the world.

The event also featured a lively panel discussion. Andrea Reimer, Adjunct Professor, UBC School of Public Policy and Global Affairs served as the emcee, along with panelists Kevin Huang, Executive Director of Hua Foundation; Tiyaletut Kristen Rivers, former Co-Chair of the Squamish Nation Council and OneCity Park Board candidate; Nic Wayara, Founder of Hook or Crook Consulting; and Tiffany Muller Myrdahl, expert in urban and feminist geography and Senior Lecturer at SFU. The evening concluded with a beautiful reading by New Westminster's Poet Laureate, Elliott Slinn.

WORKSHOPS AND PANELS

To facilitate a deeper understanding of how our cities work and how we can reach our equity

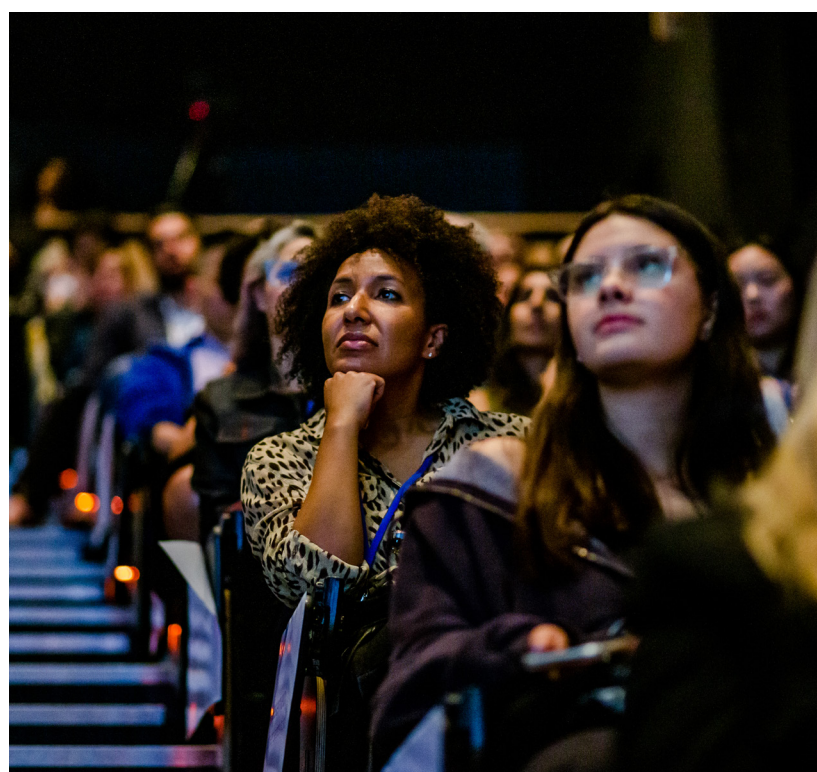
goals, we hosted three free workshops throughout October.

The first, Local Government Advocacy 101, took place on October 6, and was facilitated by Diana Kamau and Clara Prager from Women Transforming Cities. The interactive session offered a chance to further understand how local governments in Metro Vancouver work, what they are responsible for and how decisions are made. It also covered how to appeal to local governments on important issues.

The second workshop, Speaking Power to Power – Building Power Literacy to Advance your Agenda, was on October 22 and facilitated Andrea Reimer, Adjunct Professor, UBC School of Public Policy and Global Affairs and Founder of Tawaw Strategies. Andrea discussed holding politicians to account when their promises do not come to fruition and how to use power literacy and power competency to instigate change.

The third workshop took place at the YWCA Program Centre on October 26 and was hosted by artist and facilitator Luna Aixin, who led a group of participants in an inquisitive and imaginative zine-making workshop. During the workshop, participants used the poem that Elliot Slinn, New Westminster's Poet Laureate, created at the Reimagining our Cities event for inspiration to imagine bold ideas on the future of cities on these unceded Indigenous lands. The group's creations have been collated into a collective zine.

For more information on City Shift, contact Shauna Shortt at sshortt@ywcavan.org | 604 895 5772.



WELCOMING AFGHAN WOMEN

When refugees started arriving in Canada following the Taliban's forceful takeover of Afghanistan in 2021, YWCA Metro Vancouver's employment team immediately saw the need to create a program to support Afghan women.

In March, we launched the Afghan Women's Employment program (AWE) to help Afghan refugee women understand and navigate the Canadian job market, and pursue further opportunities to build stable lives in Canada.

AWE is a six-week program offered in Dari and Pashto, the two official languages of Afghanistan. The first four weeks of the program are designed to build awareness about the job market and inform participants of their rights as an employee in Canada. The following two weeks are for one-on-one sessions, where career advisors familiarize themselves with participants' needs and ambitions, and help them look for jobs or education that suit their background, experience and previous education.

"These women are coming to Canada with strong backgrounds in study and work. We have many talented women like judges, doctors and those who worked with human rights and women's

rights in Afghanistan. We want to make sure we connect them to the right places and resources and that, at the end of the program, they are happy with their new jobs," said AWE Career Advisor, Nargis Tanai.

The program has been gaining media visibility due to its trauma-informed approach, which considers participants' backgrounds and helps them learn how to cope with the challenges of starting a career in a new country. There is a high demand for the program – AWE has supported 35 women since it started, with 89% of clients gaining employment, training or relevant volunteer opportunities.

"I was new here, and I didn't know anyone or any communities," said Zakia, an AWE program participant. "This program helped me find education, classes and job opportunities. I feel like I'm not alone; I learned many things from the program, and now I know which way to go and how to find the resources."

To learn more about the program, visit ywcavan.org/awe. To help fund this program, please contact Vanessa Wellington-Clark at vwellington@ywcavan.org | 605 895 5826.



AWE's graduation ceremony in July 2022

UKRAINIAN MOTHERS' SUPPORT GROUP

The Russian invasion of Ukraine that began in February has been devastating. The ongoing war has resulted in tens of thousands of deaths and Europe's largest refugee crisis since World War II; around 7.4 million Ukrainians have fled the country, and a third of the population is displaced.

Due to the ban on men leaving the country, the majority of Ukrainians arriving in Metro Vancouver are women and children. That's why this spring, YWCA Metro Vancouver launched the Ukrainian Mothers' Support Group that helps displaced Ukrainian mothers who are parenting alone in Canada to build community, learn about resources and form connections.

Based on a peer-support model and led by a Ukrainian facilitator, this unique program has served more than 50 mothers since June 2022.

Participants meet online twice a month and in person once a month. The online meetings welcome guest speakers and the group discusses topics such as adjusting to life in Canada, the school system, immigration laws, the banking system, how to avoid fraud and more. The women also receive information on settlement services and employment and training programs. During their in-person meetups, the group usually takes part in fun activities such as outdoor picnics or yoga classes. They also receive monthly grocery cards, bus tickets and other resources to help relieve the pressure of resettlement.

"As survivors of the war, the Ukrainian moms we serve have endured physical, psychological, emotional and financial struggles. Not all of the families were able to leave Ukraine early enough to avoid children seeing what they were not supposed to see – many are dealing with trauma. If a mother has an under-school-age child, she can't afford daycare, and therefore, can't work. Many mothers are parenting on their own for the first time, and it can be extremely difficult to learn a new transit system to get around, help children adapt to a new school and make ends meet," says Natalia Charif, Program Coordinator.

Natalia, whose son and relatives are back



Ukrainian Mothers' Support Group summer picnic, August 2022

in Ukraine, sees that despite the challenges, the strength these families demonstrate is remarkable.

"They take English classes, participate in employment programs or go to college. Many have found jobs and consistently remain loving and engaged mothers to their children. This is a testament to their tenacity and resiliency. It's important to continue to build their community and offer access to support to help them succeed in the long term," says Natalia.

The Ukrainian Mothers' Support Group is funded by YWCA donors. If you would like to donate to this program, please contact Brenda Ulmer at bulmer@ywcavan.org | 604 895 5764.

“

My move to Canada was not planned, it was an escape from the war. When I saw an ad about this program on social media, I realized I was not alone. Thanks to this group, I met other Ukrainian women, who, just like me, were seeking support. I received a lot of useful information about life in Canada, about organizations that provide help and advice and I was able to sign up for a free English course, for which I am infinitely grateful.”

- Julia, program participant

THE NEXT 125 CAMPAIGN: A PERFECT ENDING



YWCA program participants at the YWCA Rooftop Garden

Five years ago, YWCA Metro Vancouver launched a campaign called The Next 125, with the lofty goal of raising \$10M. The intentions driving the campaign were to mark 125 years of serving our community, to create awareness of the YWCA's impact and to ensure that the organization is prepared to face whatever challenges may come next.

Little did we know that our community would respond with such enthusiasm. Together, we raised an incredible \$14.1M! Through donations of \$25,000 or more, the YWCA community of donors gave generously, engaged in our work and shared the message throughout their own networks.

One highlight of the campaign was a transformational \$4.25M gift and matching funding from an anonymous donor. We were also joined by an exceptional group of women who served as Ambassadors for the campaign:

- Diane Forsythe-Abbott
- Diana Chan
- Lauren Gehlen
- Ann Mortifee
- Sandy So
- Dr. Kim van der Woerd
- Lis Welch

THE NEXT 125 PILLARS

To guide this campaign, three pillars were identified:

- Helping Women and Families Flourish
- Creating Safe, Inclusive Communities
- Building Brighter Futures, For Everyone

By keeping these pillars as our guides, we were able to support some of the YWCA's most essential programs.

- Crabtree Corner Violence Outreach, Books, Bags & Babies early literacy program
- Crabtree Corner Housing
- The YWCA Rooftop Garden and YWCA food programs
- Elder in Residence for one-to-one and family support
- Legal Education
- Circle of Sisters Indigenous Mentorship program
- Three new housing communities: Moiz and Nadia Place in Richmond, May Brown Place in North Vancouver, and Grange Street in Burnaby
- A new tower at the YWCA Hotel with an additional 65 rooms
- Guide to High School after-school programs
- Strive program serving youth who have been in care

- Endowment funds to ensure the sustainability of front-line services

COMING TOGETHER

Another campaign highlight was the collective enthusiasm to build new relationships and learn from each other. Early on, we held several Salons at supporters' homes, where we invited authors, activists and community leaders to share their knowledge. Then, when COVID-19 protocols prevented us from gathering in person, we held online workshops with YWCA leaders in advocacy.

To celebrate the conclusion of this campaign, we invited guests to a celebratory reception on our beautiful Rooftop Garden in September. With a late harvest this year, colourful dahlias and

sunflowers were in full bloom, making the perfect setting to celebrate the conclusion of The Next 125.

To everyone who touched this campaign, we are so grateful to you. Thank you.

LOOKING AHEAD

With the momentum and energy gained from this campaign, we are looking toward the future. The YWCA continues to build housing for women and families, and we are raising funds for a new housing community on Grange Street in Burnaby.

For more information on this project, contact Bobbi Sarai Tanguay at bsarai@ywcavan.org | 604 895 5780.

Simplify ^{the} Season

What better way to wrap up the year than to know you are helping local mothers and children thrive in 2023 and beyond?

Simplify the Season is YWCA's signature holiday giving campaign. Your gift provides nutritious meals, safe, affordable housing, legal representation and other support programs for local mothers, children and youth.

Donate today at
ywcavan.org/simplify



WHY MORE PEOPLE ARE LEAVING A GIFT TO THE YWCA IN THEIR WILLS

The community of YWCA donors is comprised of individuals who are thoughtful, compassionate and dedicated to building a bright and equitable future for women and families. While people often think that monthly donations or volunteering time is the only way to support the issues they care about, more people than ever are committing to leaving a donation in their will (also known as a Legacy Gift) to further their impact.

THINKING AHEAD

In this interconnected world, global events affect us at home and uncertainty about the future can complicate financial decisions. This is one reason why leaving a Legacy Gift has become more popular – because ordinary people have realized they can make a powerful contribution to support future generations without taking away from the resources they or their families need today.

And the result is (and will be) truly impactful. In fact, if more Canadians left even a small percentage of their estate to non-profit organizations, the sum of these gifts could support organizations like the YWCA well into the future.

A SIMPLE PROCESS

If you are considering a gift in your will, here are a few suggestions to help you get started:

- Calculate your donation. You can determine how much you want to leave to charity, and how much you want your loved ones to receive, with this simple Legacy Calculator tool <https://www.willpower.ca/legacy-calculator/>.
- Discover the tax benefits. A charitable gift in your will can reduce taxes owed, while leaving the same amount of money to heirs. The Canadian government has created some excellent tax incentives to encourage more estate giving.
- Learn more. Our website has simple language to include in your will (<https://ywcavan.org/>

legacy) or ask a financial professional to help you maximize your donation and ensure it works in your favour.

Who would have thought that a will could be such a powerful tool to change the world? More and more Canadians are harnessing the power of their wills to become philanthropists, who inspire others and make an impact on the future.

To learn how a gift in your will to the YWCA can support women and children, visit ywcavan.org/legacy or contact JoAnne Fahr at jfahr@ywcavan.org | 604 895 5829 or Shantal Cashman at scashman@ywcavan.org | 604 895 5859.



YWCA program participants

BEING READY TO HELP CAN SAVE A LIFE

By Jill Metheral

A few days ago, I was walking home when I saw someone experiencing an overdose. I immediately sprang into action – directing a bystander to open the man’s airway, yelling out for naloxone and calling 9-1-1.

As the emergency medical services dispatcher instructed, I began counting breaths; he was only breathing every 15 seconds. I then heard the dispatcher say “you have to start compressions.” I began compressions as the EMS dispatcher counted me along and encouraged me the entire time.

I continued compressions for about five minutes before the EMS arrived. The responders ran out with naloxone and administered it. Thankfully, the patient started to regain consciousness. It was a happy ending and I learned a valuable lesson: I will never go anywhere without my naloxone kit.

HESITATING IN A TIME OF CRISIS

Performing CPR or administering naloxone to someone having an overdose can save their life, but many people hesitate when they see someone in distress.

Some say it’s because they might do the wrong thing, others say it’s because they don’t feel comfortable or don’t want to get involved. The bottom line is, doing nothing can be the difference between life and death for someone.

I encourage everyone to do naloxone training and to keep a naloxone kit with them. The training is free and can be done online; completing this simple course can eliminate doubt and provide confidence in a very stressful situation where someone’s life is in balance.

More than 10,000 people have died of overdoses in Metro Vancouver since the opioid epidemic was officially named in 2016. Many of those lives could have been saved. It’s time that as a community we are prepared to help people in times of crisis.

If you do not have training and see a person overdosing, the best thing to do is call 9-1-1, or

make sure someone nearby has made the call. The dispatcher will guide you every step of the way.

I was so grateful that I knew what to do when I found myself in this situation – I was ready to help and didn’t think twice about it. In the case of someone experiencing an overdose, the only thing you can do wrong is to do nothing at all.

BC Center for Disease Control started the Take Home Naloxone program in 2012 to provide life-saving training and kits to people at risk of an opioid overdose. To participate in free naloxone training and for more information, visit towardtheheart.com/naloxone.

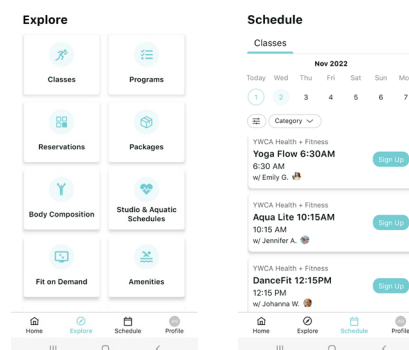
YWCA HEALTH + FITNESS MOBILE APP

Our brand new YWCA Health + Fitness mobile app is live!

The Health + Fitness team have been working hard towards this launch, and members have been waiting patiently. The app is now available for both Apple and Android mobile devices, just search for YWCA Health + Fitness Centre in the app or play store and download.

Through the mobile app, members are able to book classes, buy personal training sessions and registered programs, view their profile and enter exclusive contests. For any questions about the app or the YWCA Health + Fitness Centre, please contact memberservices@ywcavan.org | 604 895 5777.

We hope our mobile app will make your YWCA experience all the better!



YWCA PROGRAMS AND SERVICES



**YWCA Turning Point Programs address the needs of women who are vulnerable to economic and social risks at critical times in their lives.*

SUPPORT FOR WOMEN AND FAMILIES

For more information, visit ywcavan.org

SINGLE MOTHERS' SUPPORT SERVICES
- 604 219 8952

PEACE PROGRAM - 604 734 5722

STOPPING THE VIOLENCE OUTREACH GROUP -
stoppingtheviolence@ywcavan.org

JAPANESE OUTREACH PROGRAM -
hkase@ywcavan.org | 604 209 1808

SEEDS OF INDEPENDENCE VIOLENCE
OUTREACH -
seedsofindependence@ywcavan.org

LEGAL EDUCATOR - 604 216 1672

A STRONG START FOR CHILDREN

CITYGATE EARLY LEARNING AND CHILD CARE
1192 Quebec Street | 604 687 1150

CRABTREE CORNER EARLY LEARNING AND
CHILD CARE
533 East Hastings Street | 604 216 1655

LESLIE DIAMOND EARLY LEARNING AND
CHILD CARE
535 Hornby Street | 604 895 5816

*EMMA'S EARLY LEARNING AND CHILD CARE
3839 Carolina Street | 604 879 1121

HEALTHY CHOICES FOR YOUTH

HIGH SCHOOL MENTORSHIP PROGRAM -
mentorship@ywcavan.org | 604 219 5628
GUIDE TO HIGH SCHOOL - 604 895 5779

CIRCLE OF SISTERS INDIGENOUS
MENTORSHIP PROGRAM - 604 895 5802
DATING SAFE - ywcavan.org/datingsafe

SAFE, AFFORDABLE HOUSING

For women and single mother-led families.

For more information, contact Yasmin B.,
Property Services Assistant at
propertyservicesassistant@ywcavan.org or visit
ywcavan.org/housing

Vancouver

YWCA CAUSE WE CARE HOUSE
YWCA CRABTREE HOUSING
YWCA SEMLIN GARDENS
YWCA PACIFIC SPIRIT TERRACE
YWCA MUNROE HOUSE
YWCA EYRIE
YWCA xwłəpicən

Surrey

YWCA ALDER GARDENS
YWCA ARBOUR HOUSE

Langley

YWCA FRASER GARDENS

Coquitlam

YWCA COMO LAKE GARDENS
YWCA COMO LAKE MEWS

North Vancouver

YWCA Cheshá7min-awtxw
YWCA MAY BROWN PLACE

Richmond

YWCA MOIZ AND NADIA PLACE

PATHWAYS TO EMPLOYMENT

For more information, visit ywcajobseeker.org

Programs for self-identified women

AFGHAN WOMEN'S EMPLOYMENT - 604 219 0618
 ASPIRE - 778 222 3278
 AXIS - 604 313 6527
 BREAKING GROUND - 604 809 1001
 DISCOVER- 604 209 5221
 EMPLOYMENT NAVIGATOR - 604 312 0483
 FOCUS@WORK - 604 699 1788
 SURVIVE TO THRIVE - 604 936 5694
 TECH CONNECT - 604 219 8525

Programs for youth

ACCELERATE - 604 219 0618
 GEAR UP - 604 250 9342
 OFF THE LEASH - 604 605 4666
 STRIVE - 604 970 0139

Other employment programs

CAREER PATHS FOR NEW IMMIGRANTS - 604 209 8271
 IN MOTION & MOMENTUM+ - 604 209 0275
 JOB FUTURES 55+ - 604 220 7183
 MINDSET - 604 209 5796
 PRISM - 604 684 5307
 TECHLINK - techlink@ywcavan.org

WORKBC CENTRES

YWCA provides WorkBC employment services including job search resources, personal employment planning, training and more.

WorkBC North Vancouver 106-980 West 1st Street, North Vancouver | 604 988 3766

One Stop Career Shop - Youth Satellite 109-980 West 1st Street, North Vancouver | 604 988 3766

WorkBC Vancouver South 7575 Cambie Street, Vancouver | 604 263 5005

WorkBC Midtown West 300 - 2150 West Broadway, Vancouver | 604 688 4666

WorkBC Vancouver City Centre 206 - 535 Thurlow Street, Vancouver | 604 872 0770

Career Zone - Youth Satellite 1260 Granville Street, Vancouver | 604 605 4666

WorkBC Coquitlam 221 - 3030 Lincoln Avenue, Coquitlam | 778 730 0174

WorkBC Port Coquitlam 206 - 2540 Shaughnessy Street, Port Coquitlam | 778 730 0171

WorkBC Port Moody 301 - 130 Brew Street, Port Moody | 604 917 0286

*CRABTREE CORNER COMMUNITY RESOURCE CENTRE

A welcoming centre for women and their families in the Downtown Eastside. Services include early

learning and child care, transitional housing, food programs, single mothers' support groups and support for those living with FASD.

533 East Hastings Street | 604 216 1650

WOMEN WHO INSPIRE

WOMEN OF DISTINCTION - Awards that recognize outstanding women and workplaces.

ywcavan.org/wod
 604 895 5768

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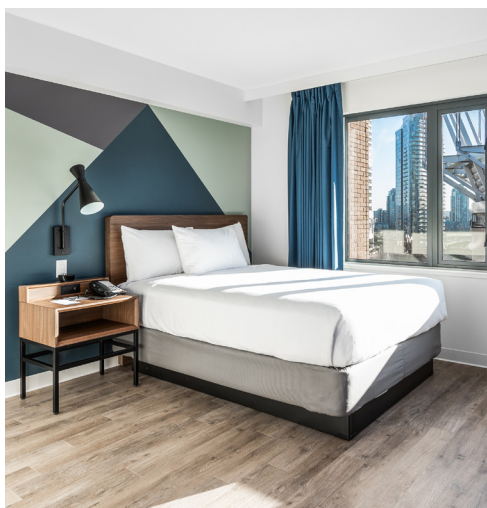
DONATE

Your gift ensures that families across Metro Vancouver get the resources they need to build community, gain financial stability and move toward their goals.
ywcavan.org/donate



STAY

The YWCA Hotel provides affordable accommodations for local and international travelers, while generating funds that support local families.
ywcavan.org/hotel



JOIN

YWCA Health + Fitness offers two modern, co-ed fitness facilities in downtown Vancouver. Revenues support programs for local women and families.
ywcavan.org/fitness



VOLUNTEER

Give back by mentoring, lending your skills and more. Our website features opportunities for individuals and groups.
ywcavan.org/volunteer



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