



Registration Policy - Members

Registration is required for all activities at YWCA Health + Fitness Centre.

To unregister, update on your mobile app, contact bookings@ywcavan.org, or call Member Services at 604-895-5777.

Group Fitness Classes – Land and Aquatics

- Book 15 minutes to 7 days in advance
- No limit to the number of class bookings
- Last-minute registrations are permitted if space is available
- 2 hours' notice is required to unregister from a class with no penalty
- \$10 fee applies when you reserve a spot and don't show up (no-show) or for late un-registration

Individual Adult Swim Lessons

- Book up to 7 days in advance
- No limit to the number of lesson bookings
- Minimum 48 hours' notice is required to unregister
- No refunds, only account credit given. Account credit must be used within 90 days.

YWCA Swim Programs and Land Registered Programs

- Book in advance of the program start. Register early as programs are subject to run with a minimum number of participants for a set number of classes in a session. Registration is for the full session.
- A minimum of 48 hours' notice before the program start is required for un-registration. No refunds, only account credit given. Account credit must be used within 90 days.

Pickleball

- Book up to 7 days in advance
- No limit to number of bookings
- 2 hours' notice is required to unregister from a booking with no penalty
- \$10 fee applies when you reserve a spot the court and don't show up (no-show) or for late un-registration
- No refunds, only account credit given. Account credit must be used within 90 days.

Shiatsu

- Book up to 7 days in advance
- 24 hours' notice is required to unregister from a booking otherwise full payment will apply
- No refunds, only account credit given. Account credit must be used within 90 days.

InBody

- Book up to 30 days in advance
- 24 hours' notice is required to unregister from a booking otherwise full payment will apply
- No refunds, only account credit given. Account credit must be used within 90 days.

Pilates Chair Workout

- Book up to 7 days in advance
- 24 hours' notice is required to unregister from the workout otherwise full payment will apply
- No refunds, only account credit given. Account credit must be used within 90 days.



Registration Policy - Guests/Non-Members

Registration is required for all activities at YWCA Health + Fitness Centre.

To unregister, contact bookings@ywcavan.org or call Member Services at 604-895-5777.

Group Fitness Classes – Land and Aquatics

- Book 15 minutes to 24 hours in advance
- Last-minute registrations are permitted if space is available
- Guest Payment is due at time of registration (\$20)
- 2 hours' notice is required to unregister from a class otherwise full guest fee applies

Individual Adult Swim Lessons

- Book up to 7 days in advance at a non-member rate
- Minimum 48 hours' notice is required to unregister otherwise full payment will apply
- No refunds, only account credit given plus a processing fee (\$10). Account credit must be used within 90 days.

YWCA Swim Programs and Land Registered Programs

- Book in advance of the program start. Register early as programs are subject to run with a minimum number of participants for a set number of classes in a session. Registration is for the full session.
- A minimum of 48 hours' notice before the program start is required for un-registration. No refunds, only account credit given, plus a processing fee (\$10) applies. Account credit must be used within 90 days.
- Late registration into any program is subject to approval by the Aquatics Team

Pickleball

- Book up to 7 days in advance
- No limit to number of bookings
- 2 hours' notice is required to unregister from a booking otherwise full payment applies
- No refunds, only account credit given. Account credit must be used within 90 days.

Shiatsu

- Book up to 7 days in advance
- 24 hours' notice is required to unregister from a booking otherwise full payment will apply
- No refunds, only account credit given. Account credit must be used within 90 days.

InBody Assessment

- Book up to 30 days in advance
- 24 hours' notice is required to unregister from a booking otherwise full payment will apply
- No refunds, only account credit given plus a processing fee (\$10) applies. Account credit must be used within 90 days.

Pilates Chair Workout

- Book up to 7 days in advance
- 24 hours' notice is required to unregister from the workout otherwise full payment will apply
- No refunds, only account credit given. Account credit must be used within 90 days.