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A MESSAGE FROM THE CEO

As I approach my two-year milestone as CEO of YWCA Metro Vancouver, I am reflecting on how quickly these months have passed. I'm also a bit astonished at what we have accomplished, and by WE I am referring to the YWCA community — employees, board directors, volunteers, donors, partners, health and fitness members, hotel guests and program participants. The people at the heart of our work are courageously driven to make real impact in our communities.

One thing I am particularly proud of is our new Strategic Plan, released this past January. Creating this was truly a collective effort. We spent the better part of last year listening, understanding and revising what would eventually become Forward with Purpose, a five-year plan that asserts three goals for transformational outcomes.

We began with the suggestion, and with permission from the Musqueam Indian Band, to use the guiding principle of **nóca?mat ct** – that we are all one. This teaching expresses both our holistic approach and vision for a just and equitable world. From here, our shared Commitments became clear. They are, broadly: Inclusion, Diversity, Equity and Accessibility; and more specifically Gender Inclusion; Anti-Racism; Truth and Reconciliation, Decolonization; and a Participant-Centred approach. Collectively, these Commitments guide our decisions for programming, advocacy, resourcing and growth.

As we wrote the Plan, we had input and revisions from employees, our amazing board of directors and an internal working group to ensure their voices were reflected in the final version. Now, we are using Forward with Purpose as the foundation for the exciting and challenging work that is ahead.

As you'll read in these pages, we are already demonstrating our Commitments through our expanding programs and new initiatives. We are building more deeply affordable housing, providing employment pathways for newcomer healthcare workers, advocating for equitable cities, and exploring our past to move forward in truth and transparency.

Our work feels urgent and necessary. This is why I am so grateful to work alongside everyone who is part of the YWCA community. It is only together that we can progress toward a world that is safe and just for everyone.

Thank you for reading and for your continued partnership.

Erin Seeley, CEO

YWCA Metro Vancouver





YWCA 388 Slocan Rendering

NEW AFFORDABLE HOMES COMING TO HASTINGS-SUNRISE

As the housing and rental market continues to reach new heights of unaffordability, YWCA Metro Vancouver is moving quickly to deliver more deeply affordable homes for women and women parenting alone and their children.

Scheduled for occupancy in summer 2024, the new YWCA housing community at 388 Slocan Street will provide 70 new homes that will remain well below average market rents for the lifetime of the building. In addition, seven homes will be offered at deep affordability to provide much-needed long-term housing for single women and single mothers and their children. The rents will be set at the City of Vancouver's Rental 100 rates, while the deeply affordable units will be set at the shelter portion of income assistance rates.

The building is in an excellent location and includes an inner courtyard, amenity space and a roof terrace. There are also two commercial units on the ground floor, which will help subsidize the deeply affordable rents and fund the housing operations. Residents in YWCA housing communities have access to YWCA services that foster safety, wellness and economic stability. Onsite employees connect residents to YWCA supports such as legal advocacy, employment and training, education pathways and bursaries, support groups and violence prevention programs. This holistic approach is what helps make YWCA housing transformative for women-led families.

We are grateful for our partnership with the City of Vancouver and Chard Development to make this housing community a reality.

We are actively fundraising towards our \$5.8M capital campaign and seeking donors to raise the remaining \$2M. If you are interested in donating or becoming a lead donor who could name this new housing project, please contact Bobbi Sarai Tanguay at bsarai@ywcavan.org | 604 895 5780.



Candace Knoll-Brown (centre) and members of the YWCA Racial Equity Committee

EQUITY COMMITTEES UPDATES

As we embark on a new year, guided by a new Strategic Plan, YWCA Metro Vancouver continues the internal work to progress inclusion, diversity, equity and accessibility (IDEA) in our daily work lives. There are many projects and initiatives underway, including exciting staff activities led by our three equity committees.

In February, the Racial Equity Committee engaged staff in recognition of Black History Month. This year's theme was Black Excellence: A Heritage to Celebrate; a Future to Build.

On our website, we featured an in-depth interview with Anthonia Ogundele, Founder and Executive Director of Ethós Lab, an after-school innovation academy for youth to explore and grow through STEAM (science, technology, engineering, arts and mathematics).

Anthonia shared that throughout history, Black people have made significant contributions to STEAM, however their efforts, ingenuity and innovations are often missing from historical narratives. The interview shows the significant impacts and importance of inclusive spaces that foster innovation and belong to the next generation of Black youth.

We were also honoured to host a special guest speaker, Candace Knoll-Brown, who took us on an engrossing journey through storytelling, accentuated with heirloom family photos and artifacts. We heard about her family's rich history and their incredible journey from the shackles of slavery to freedom and success. Caribbean food and treats, as well as homemade ginger beer, added a delicious element to our employee gathering. There is such power in storytelling – to build our collective empathy and deepen understanding and appreciation of each other within our employee community.

We are looking forward to other IDEA learning opportunities and cultural celebrations in the coming weeks and months, such participating in an anti-racism awareness course and reflection Learning Circles, the annual YWCA Cultural Feast, Pride movie night, Diversity Dialogues, the Gender Inclusion Toolkit rollout and initiatives in support of truth and reconciliation.

For more information on our work and IDEA policies, contact Tamara Robertson-Fry at trobertsonfry@ywcavan.org | 604 895 5860.

WOMEN'S MEMORIAL MARCH

On February 14, YWCA Metro Vancouver employees marched in solidarity with families, friends, loved ones and community members in the 33rd annual Women's Memorial March. Each year, this event honours and remembers the lives of hundreds of Indigenous women, girls, Two-Spirit and gender-diverse people who have been murdered or are missing.

With representation from various departments across the organization, employees gathered at YWCA Crabtree Corner and walked to the intersection of East Hastings and Main Street. Before the march began, people of all ages gathered for speeches, ceremony and song. Many held signs, expressing support and grief. Over a thousand people attended, marching together and stopping at locations where people were last seen or found.

"The first words that comes to my mind: it was a 'powerful day!" said Wanda Pelletier, Coordinator of the FASD Key Worker Program at YWCA Crabtree Corner. "The scent of our medicines, the eagles flying above and the drums beating in my heart. To be walking along side so many friends, colleagues and allies felt as if we were all united as one. Hiy Hiy (thank you in my Cree language)."



It was a powerful day.

The grief and solidarity are mixed with frustration. Violence continues to be disproportionate and targeted against Indigenous women and girls, Two-Spirit and trans people. It has been four years since the National Inquiry into Missing and Murdered Indigenous Women and Girls and to date, only two of the 231 Calls for Justice have been completed, while more than half haven't been started.



Women's Memorial March, February 14, 2024

We are committed to supporting Indigenous women, girls and Two-Spirit people, and prioritizing truth and reconciliation and decolonization in our work.

For more information, please contact Tamara Robertson-Fry at trobertsonfry@ywcavan.org | 604 895 5860.



REIMAGINING OUR CITIES

In honour of International Women's Day, YWCA City Shift hosted its second Reimagining our Cities panel event called: Advancing equity in a polarized time. The event also marked the City Shift project's official wrap-up, so guests were encouraged to engage with resources, ideas and interactive elements from the project.

Hosted at Roundhouse Community Arts & Recreation Centre, Councillor Dennis Thomas of the Tsleil-Waututh Nation opened the event and welcomed the packed theatre, and Fiona Lam, Vancouver Poet Laureate, gave a reading of "Perhaps the World Ends Here" by Joy Harjo.

Next, Shachi Kurl, President of the Angus Reid Institute and keynote speaker addressed how 63% of Canadians have centrist views, but decreasingly see themselves reflected in public discourse. Canadians are "capable of holding two views that may be in conflict in their heads at the

same time," she said, and that we must work to "create some space, language, a template for all of us to be able to have conversations... with passion, yes, but without anger and without judgment."

Michelle Eliot, host of CBC Radio's BC Today, then moderated the panel of women municipal leaders and experts. The panel included Aftab Erfan, Executive Director of SFU Morris J Wosk Centre for Dialogue and Associate Member at SFU School of Public Policy; Andrea Reimer, Adjunct Professor, UBC School of Public Policy and Global Affairs and Founder & Principal, Tawaw Strategies; Ginger Gosnell-Myers, Fellow focused on Decolonization and Urban Indigenous Planning, SFU Morris J Wosk Centre for Dialogue; and Rachael Segal, Political Strategist and Founder of Beyond a Ballot.

Each panellist brough a unique perspective and spoke about how polarization is prevalent in



Reimagining pur Cities, March 12, 2024. Left to right: Michelle Eliot, Shachi Kurl, Aftab Erfan, Ginger Gosnell-Myers, Rachael Segal, Andrea Reimer.

their sphere, and the interactive event invited attendees to submit questions to the panel, adding to the lively discussion. Topics ranged from social media and media literacy, to who has power and how, plus advice on how to be thoughtfully engaged citizens in our democracy. One of the key takeaways the panellists agreed on was the fundamental importance of taking time to listen and understand one another, and to remain open to an array of viewpoints.

Open to difficult conversations.

When exiting the theatre, guests were asked to share their thoughts and feelings post event. Some examples were, "Open to difficult conversations," "Hopeful," "Ready to create change" and "Energized." Guests were also invited to pick up copies of City Shift's Equity Kickstart Guide for Cities, the Pocket-Sized Guide to Engaging with Local Government, and

resources on equitable city building from Women Transforming Cities, Renovate the Public Hearing, City Hive and REACH Cities. We also displayed artwork from an earlier zine- making workshop, where community members used art to reimagine our cities with equity and inclusion as guiding principles.

"As we wrap up City Shift, we know we need to create more opportunities to hear diverse voices and perspectives in our communities, especially those that have been historically marginalized and excluded," said Shauna Shortt, City Shift Project Lead. "The work of creating more equitable and inclusive communities has never been more important."

We are grateful to CBC Vancouver for sponsoring this event, and to Women and Gender Equality Canada for funding our impactful YWCA City Shift project.

For more information on our advocacy work, contact Shauna Shortt at sshortt@ywcavan.org.

CHILD CARE: AN ESSENTIAL SERVICE FOR FAMILIES

YWCA Metro Vancouver has long advocated for public investment to create affordable child care, knowing that it is one of the most tangible ways to advance gender equity. Accessible child care supports women and families, helps children thrive and strengthens the economy.

Over the last several years, the province has made progress to lower the cost of this essential service for families with the roll out of \$10 a day funding to some centres, but there is still much work to be done.

YWCA Child Care and Early Learning Centres

To achieve an equitable world, parents – and especially single mothers – need affordable, flexible child care options. The YWCA operates four early learning and child care centres in Vancouver, with a fifth coming to YWCA Cindy Beedie Place, our new housing community in Burnaby opening in 2025. Thanks to provincial funding, three of our centres currently operate \$10 a day spaces.

YWCA child care centres reach families with different needs. YWCA Emma's Early Learning and Child Care supports young mothers finishing high school and YWCA Crabtree Corner Early Learning and Child Care provides short-term, flexible options for families in the Downtown Eastside, while others centres serve families across the city.

Advocating for change

Creating a sustainable child care system will require policies that support several areas of the sector.



Early Childhood Educator plays with child at YWCA Child Care centre.

We are asking the provincial government to consider the following policy requests:

- Expand operation funding for childcare facilities to include maintenance and repairs.
- Build a child care model outside of the 9 to 5 delivery hours for the many parents and caregivers who work outside of typical "office hours."
- Legislate publicly funded wage grids for ECEs that are tied to a living wage.

"Families today, especially those with young children, face so many pressures and are struggling to find quality, reliable child care," says Janice Lee, YWCA's Director of Early Learning and Child Care. "We know that to support families, we must create a future where child care is sustainable and affordable. Long-term planning and funding has to consider the training and retention of high-quality Early Childcare Educators, maintaining a safe and enriching physical environment for new and existing centres, as well as flexibility of care to meet diverse needs, so that children and families can thrive."

For more information on how the YWCA is supporting universal child care, please contact Shauna Shortt at sshortt@ywcavan.org.

A UNIQUE BOARD OF DIRECTORS

Depending on the sector and sample, female representation on Canadian boards is typically between 20-30%. This is after decades of concerted effort, new disclosure requirements and countless programs dedicated to advancing gender equity on boards.

YWCA Metro Vancouver's board of directors, on the other hand, is comprised entirely of self-identified women. While this is a requirement from YWCA Canada, it is also fundamental to our vision, and we are dedicated to fostering inclusion, diversity, equity and accessibility on our board. In selecting directors, we balance skills and expertise with representation across age, ability, racial and cultural background, Indigeneity and membership within the 2SLGBTQIA+ community. We also value diverse lived experience in relation to our programs.

Directors come to our board with incredible knowledge and expertise, and they leave it with valuable governance experience. While many of our directors bring previous board experience, we also welcome directors without this work history and equip them with the tools to serve on other boards. In a small but powerful way we contribute to advancing gender equity in Canadian boardrooms.

About the YWCA Board

The YWCA Board is comprised of 12 volunteer community leaders, who serve up to three two-year terms. The Board meets seven times a year and has three committees to support its work. The Governance and Nominating Committee leads an annual Board recruitment process and new directors are elected by members at the Annual General Meeting in June.

Meet our newest director, Celeste Haldane



We are pleased to share the appointment of our newest director, Celeste Haldane. Celeste is Musqueam (Coast Salish) and Metlakatla (Tsimshian) from the Sparrow and Haldane families and has European ancestry. Celeste is currently the Chief Commissioner of the BC Treaty Commission.

Celeste is a practising lawyer and was appointed King's Counsel in 2019. Drawing from over 25 years of experience, Celeste specializes in Indigenous law, corporate governance and she previously practiced criminal defense and civil litigation. Celeste brings the experience of having served on many boards over her remarkable career. She lives with her husband Conrad on Vancouver Island and is the proud mother of three and grandmother of two.

For more information on the YWCA Board of Directors, contact Heather Kelsall at hkelsall@ywcavan.org.



YWCA Employment program participants.

YWCA HEALTH CONNECT: ADVANCING HEALTHCARE CAREERS IN BC AND ONTARIO

From coast to coast, Canada is experiencing labour shortages. Demand for qualified workers continues to rise, particularly in the healthcare sector. Patients nationwide regularly face persisting challenges like long wait times for appointments and surgeries and securing a family physician. During the second quarter of 2023, the federal government stated that there are 90,000 unfilled positions in health occupations. Meanwhile, half of newcomers to Canada face higher than average unemployment rates and barriers to employment in their fields, despite possessing formal education and years of work experience in their home countries.

In response, the Government of Canada has allocated \$86M in funding to 15 organizations across Canada to increase capacity for foreign credential recognition (FCR). This funding is aimed at streamlining accreditation processes for approximately 6,600 internationally educated health professionals (IEHPs).

As a recipient of this grant, YWCA Metro Vancouver is proudly joining forces with YWCA Toronto to introduce YWCA Health Connect—an employment program tailored for newcomer selfidentified women pursuing healthcare credentials in BC and Ontario. This initiative aims to bridge the gap between newcomer women IEHPs with experience in their home countries and the Canadian healthcare system.

YWCA Health Connect offers financial assistance for skills training, mentorship opportunities and employment-related workshops focused on the healthcare sector. Participants also receive guidance on navigating the credential recognition system and support to secure sustainable work placements. To address language barriers, YWCA Health Connect offers conversation circle sessions to enhance occupational-specific language skills alongside employer engagement training sessions focusing on inclusion, diversity, equity and accessibility.

As the country anticipates unprecedented levels of immigration, initiatives like YWCA Health Connect showcase the potential to foster a healthcare sector that both meets the needs of our communities and celebrates the invaluable contributions of skilled newcomer women.

For more information about YWCA employment programs, contact Fulvia Carregan at fcarregan@ywcavan.org.



View of the YWCA building located at Dunsmuir and Burrard St (between 1910 and 1920), Uno Langmann Family Collection of BC Photographs, Rare Books and Special Collections, University of British Columbia Library - UL_1624_01_0220

ARCHIVES PROJECT UPDATE

YWCA Metro Vancouver's archives are stored in approximately 125 boxes, in a temperature-controlled room in the Rare Books and Special Collections department at UBC. These records, dating back to 1897, are open to the public and contain 100-year-old handwritten meeting minutes, program brochures, photo albums, microfilms and more.

The Truth and Reconciliation Commission's Calls to Action 67-70 called for a focus on museums and archives. With this in mind, we began our Archives Project with the goal to place a gendered lens on YWCA Metro Vancouver's role in our colonial history, specifically programs and services that were designed to assimilate Indigenous women and girls into settler cultures.

To mobilize this work, we are relying on the guidance of an internal employee Working Group and an external Advisory Council, comprised of Indigenous community members and members of UBC's Indian Residential School History and Dialogue Centre.

We are also building relationships with host First Nations and other research groups, informing them of our work and inviting collaboration. Next, we will hire an Indigenous researcher to take the work forward.

Aligned with our Strategic Plan, we are committed to taking action to understand, acknowledge and address our complicity in historic and current colonial practices, and to move forward in a responsible way. The Archives Project is progressing with respect to the profound responsibilities and ethical considerations inherent in it. We are guided by principles of Indigenous data management and sovereignty, ensuring the safety and wellbeing of all involved.

We are grateful to everyone providing support and insight for this project, including our internal Truth and Reconciliation Committee, our working groups, board members, employees, experts and knowledge keepers.

For more information on the Archives Project, contact Amy Juschka at ajuschka@ywcavan.org | 604 895 5810.

"KIA!" Story by Pat

I first joined the YWCA Health + Fitness in 1989. I've taken every kind of class offered from aquafit, dance, barre, Pilates, stretch, yoga, meditation, rebounder, bosu, step, spin and aerobics. I also used the weight room and treadmill and eventually started taking mostly dance classes. I didn't know about the karate class until 2022.

I was attacked by a stranger in March 2021. He shouted at me and shoved me to the sidewalk. I lived in fear for one year looking out for him as this happened three blocks from my home.

On March 8, 2022, on International Women's Day, the YWCA had a podium at Canada Place called Reserved for Her that invited women to stand up and claim their space. I stood on the podium and told everyone about the attack and that I had been living in fear. I said, "Since it is International Women's Day, I've decided to empower myself and join the Kyokushin Karate class at the YWCA."

My first karate class was exciting. Shihan Hamid Asna-Ashari, a 7th degree black belt, welcomed me. There was a nice mix of men and women in the class, including a woman black belt. I felt safe.

We stood in lines according to our ranks and practiced kicks, punches and yelled "Kiai!" We did push-ups and sit-ups to make us strong and we learned kata, a set pattern of karate movements. Each rank learns a different set of katas to move up to the next rank, and each person learns at their own pace so there is no pressure or time limit. I went from a beginner (white belt) to orange, blue and yellow. I just passed my green belt test and will be receiving it soon. I aim to get my brown belt next year and the year after a black belt.

My training came in handy last summer. I was walking down the street where I live when a man came towards me yelling. I tried to look non-confrontational but suddenly he was in front of me. I instinctively did an upper block with my left arm and right fist by my chest just to warn him. I yelled "HEY!" and looked him right in the eyes. He looked at me for a second then continued yelling down the street.



Pat and Hamid Asna-Ashari, one of Vancouver's top Karate instructors, at the YWCA Health + Fitness Centre.

I hope I don't have to fight to defend myself but I'm very thankful for what I've learned from Shihan Hamid.

The YWCA Health + Fitness Centre is my happy place. I take all kinds of classes and seminars, which are included in my membership fee. There are contests to win great prizes, member appreciation days, a summer barbeque with music and much more.

But the most important work the YWCA does is for the community and I'm a proud supporter.

To join the Health + Fitness Centre for classes or to work out in the gym, contact memberservices@ywcavan.org | 604 895 5777.

THE LEGACY COMMUNITY

Dayna's appreciation for the work of YWCA Metro Vancouver goes all the way back to the '90s when she was working in downtown Vancouver and noticed construction of the new YWCA building on Hornby Street. With a health and fitness centre, child care and women's programming, she recalls thinking how great it was to see an organization so dedicated to women at the time.

It was when Dayna became pregnant with her first child several years later that she connected on a more personal level with the YWCA by applying for a spot at the Leslie Diamond Child Care Centre. "The YWCA knew I was pregnant before anyone except my husband," Dayna laughs. Dayna continued to get to know the YWCA over the years, attending events and gaining respect for YWCA's work to improve women's lives.

Dayna made her first donation in 2001 to the YWCA's holiday hamper program and has been a monthly donor for more than ten years.

"Being able to give makes me happy especially knowing that my contribution helps the YWCA to achieve goals that I can't do on my own." For her, she appreciates in return the sense of community, knowing that she is part of something bigger and that, together with other donors, she is having a meaningful impact.

Now 51, a chartered professional accountant, entrepreneur and mother, Dayna has tried to be a strong female role model for her two children. Her 20-year-old daughter, an aspiring Olympic athlete in luge, and her son, a university student, are her biggest cheerleaders. Dayna is proud of them both.

Recently, Dayna decided to leave a gift in her will to the YWCA. She remembers hearing about legacy giving at various YWCA events and thinking, "This is important; this is an organization I want to be able to support in the future." She recognizes she is fortunate to be able to look after her family and still include the YWCA in her will and this realization inspired her legacy gift.



Dayna (photo submitted).

There shouldn't be monetary hurdles for people to be the best they can be for their families. And I can do something about that. - Dayne

If you are interested in leaving a gift to the YWCA in your will or for more information on becoming a Legacy Donor, contact Angela Turner at aturner@ywcavan.org | 604 895 5864.

ABOUT YWCA METRO VANCOUVER

YWCA Metro Vancouver is a registered charity, gender equity advocate and community service provider. We boldly envision a just and equitable world for women, families and allies. We deliver affordable housing, early learning and child care, training and employment services, and a range of holistic programs that help support individual, collective and economic wellbeing.

BOARD OR DIRECTORS

Board Chair: Lawrie Ferguson

Board Vice-Chair: Michelle Cooper-Iversen

Board Treasurer: Cathy Imrie **Board Secretary:** Diane Sparrow

Board Members: Joanna Ban, Paulina Cameron, Roopa Davé, Celeste Haldane, Zahra Hudani, Valerie

Mann, Marilyn Mauritz, Diane Sullivan

YWCA PROGRAMS AND SERVICES

For more information, visit ywcavan.org

SUPPORT FOR WOMEN AND FAMILIES

SINGLE MOTHERS' SUPPORT SERVICES: 604 219 8952

PEACE PROGRAM: 604 734 5722

STOPPING THE VIOLENCE OUTREACH GROUP:

stoppingtheviolence@ywcavan.org

JAPANESE OUTREACH PROGRAM: hkase@ywcavan.org | 604 209 1808

SEEDS OF INDEPENDENCE VIOLENCE OUTREACH:

seedsofindependence@ywcavan.org LEGAL EDUCATOR: 604 216 1672

A STRONG START FOR CHILDREN

CITYGATE EARLY LEARNING AND CHILD CARE:

1192 Quebec Street | 604 687 1150

CRABTREE CORNER EARLY LEARNING AND

CHILD CARE:

533 East Hastings Street | 604 216 1655

LESLIE DIAMOND EARLY LEARNING AND CHILD

CARE:

535 Hornby Street | 604 895 5816

EMMA'S EARLY LEARNING AND CHILD CARE:

3839 Carolina Street | 604 879 1121

HEALTHY CHOICES FOR YOUTH

HIGH SCHOOL MENTORSHIP PROGRAM: mentorship@ywcavan.org | 604 219 5628

GUIDE TO HIGH SCHOOL: 604 895 5779

CIRCLE OF SISTERS INDIGENOUS

MENTORSHIP PROGRAM: 604 895 5802

DATING SAFE: ywcavan.org/datingsafe

SAFE, AFFORDABLE HOUSING

For women and single mother-led families.

For more information, contact propertyservicesassistant@ywcavan.org or visit ywcavan.org/housing

Coquitlam

YWCA COMO LAKE GARDENS

YWCA COMO LAKE MEWS

Langley

YWCA FRASER GARDENS

North Vancouver

YWCA Cheshá7min-awtxw
YWCA MAY BROWN PLACE

Richmond

YWCA MOIZ AND NADIA PLACE

Surrey

YWCA ALDER GARDENS YWCA ARBOUR HOUSE

Vancouver

YWCA CAUSE WE CARE HOUSE YWCA CRABTREE HOUSING

YWCA EYRIE

YWCA MUNROE HOUSE

YWCA PACIFIC SPIRIT TERRACE

YWCA SEMLIN GARDENS

YWCA xwxəpicən

PATHWAYS TO EMPLOYMENT

For more information, visit ywcajobseeker.org

Programs for self-identified women

AFGHAN WOMEN'S EMPLOYMENT:

604 219 0618

AXIS: 604 313 6527

BREAKING GROUND: 604 809 1001 CHANGING GEARS: 604 690 7341

DISCOVER: 604 209 5221

EMPLOYMENT NAVIGATOR: 604 312 0483

FOCUS@WORK: 604 699 1788

POWERUP: 604 968 4151

SURVIVE TO THRIVE: 604 936 5694 TECH CONNECT: 604 219 8525

Programs for youth

ACCELERATE: 604 219 0618 GEAR UP: 604 250 9342

OFF THE LEASH: 604 605 4666

STRIVE: 604 970 0139

Other employment programs

BELIEVE: believe@ywcavan.org

CAREER PATHS FOR SKILLED IMMIGRANTS:

604 209 8271

JOB FUTURES 55+: 604 220 7183 SKILLS FOR SUCCESS: 778 554 2290

TECHLINK: techlink@ywcavan.org

WORKBC CENTRES

YWCA provides WorkBC employment services including job search resources, personal employment planning, training and more.

WorkBC North Vancouver: 106-980 West 1st Street,

North Vancouver | 604 988 3766

One Stop Career Shop - Youth Satellite: 109–980 West 1st Street, North Vancouver | 604 988 3766

WorkBC Vancouver South: 7575 Cambie Street,

Vancouver | 604 263 5005

WorkBC Midtown West: 300 - 2150 West Broadway,

Vancouver | 604 688 4666

WorkBC Vancouver City Centre: 206 - 535 Thurlow

Street, Vancouver | 604 872 0770

Career Zone - Youth Satellite: 1260 Granville Street,

Vancouver | 604 605 4666

WorkBC Coquitam: 221 - 3030 Lincoln Avenue,

Coquitlam | 778 730 0174

WorkBC Port Coquitlam: 206 - 2540 Shaughnessy

Street, Port Coquitlam | 778 730 0171

WorkBC Port Moody: 301 - 130 Brew Street, Port

Moody | 604 917 0286

CRABTREE CORNER COMMUNITY RESOURCE CENTRE

A welcoming centre for women and their families in the Downtown Eastside. Services include early learning and child care, transitional housing, food programs, single mothers' support groups and support for those living with FASD.

533 East Hastings Street | 604 216 1650

WOMEN WHO INSPIRE

WOMEN OF DISTINCTION – Awards that recognize outstanding women and workplaces. ywcavan.org/wod | 604 895 5768







CONTACT NEWSLETTER

Editor: Elecia Chrunik Design: Marina Arnaud

Writers: Angela Turner, Fulvia Carregan, Heather Kelsall, Saphiya Zerouk, Tamara Robertson-Fry





We respectfully acknowledge that our main office and many of our programs are located on the traditional, ancestral and unceded territories of the x^wməθk^wəyʻəm (Musqueam), Skwxwú7mesh (Squamish) and səlilwəta‡ (Tsleil-Waututh) Nations, and that our work across British Columbia spans the territories of more than 200 First Nations. We also acknowledge the First Nations, Metis and Inuit peoples who live in our communities.

YWCA Metro Vancouver Charitable Registration No. 108227943 RR0001 535 Hornby Street, Vancouver, BC V6C 2E8 604 895 5800



DONATE NOW