

Registration Policy Members

Registration is required for all activities at YWCA Health + Fitness Centre.

To unregister, update on your mobile app, contact bookings@ywcavan.org, or call Member Services at 604-895-5777.



Group Fitness Classes - Land and Aquatics

- Book 15 minutes to 7 days in advance.
- No limit to the number of class bookings.
- Last-minute registrations are permitted if space is available.
- 2 hours' notice is required to unregister from a class with no penalty.
- \$10 fee applies when you reserve a spot and don't show up or for late un-registration.

Individual Adult Swim Lessons

- Book up to 7 days in advance.
- No limit to the number of lesson bookings.
- Minimum 48 hours' notice is required to unregister.
- No refunds, only account credit given. Account credit must be used within 90 days.

YWCA Swim Programs and Land Registered Programs

- Book in advance of the program start. Register early as programs are subject to run with a minimum number of participants for a set number of classes in a session. Registration is for the full session.
- A minimum of 48 hours' notice before the program start is required for un-registration.
- No refunds, only account credit given. Account credit must be used within 90 days.

Pickleball

- Book up to 7 days in advance.
- No limit to number of bookings.
- 2 hours' notice is required to unregister from a booking with no penalty.
- \$10 fee applies when you reserve a spot and don't show up or for late un-registration.
- No refunds, only account credit given. Account credit must be used within 90 days.

Health Services (Shiatsu, Physiotherapy, and InBody) and Pilates Chair Workout

- Shiatsu, Physiotherapy, and Pilates Chair Workout: Book up to 7 days in advance.
- InBody: Book up to 30 days in advance.
- 24 hours' notice is required to unregister otherwise full payment will apply.
- No refunds, only account credit given. Account credit must be used within 90 days.



Registration Policy Guests/Non-Members

Registration is required for all activities at YWCA Health + Fitness Centre.

To unregister, contact bookings@ywcavan.org or call Member Services at 604-895-5777.



Group Fitness Classes - Land and Aquatics

- Book 15 minutes to 24 hours in advance.
- Last-minute registrations are permitted if space is available.
- Guest payment is due at time of registration (\$20).
- 2 hours' notice is required to unregister from a class otherwise full guest fee applies.

Individual Adult Swim Lessons

- Book up to 7 days in advance at a non-member rate.
- Minimum 48 hours' notice is required to unregister otherwise full payment will apply.
- No refunds, only account credit given plus a processing fee (\$10).
- Account credit must be used within 90 days.

YWCA Swim Programs and Land Registered Programs

- Book in advance of the program start. Register early as programs are subject to run with a minimum number of participants for a set number of classes in a session. Registration is for the full session.
- A minimum of 48 hours' notice before the program start is required for un-registration.
- No refunds, only account credit given plus a processing fee (\$10).
- Account credit must be used within 90 days.
- Late registration into any program is subject to approval by the Aquatics Team.

Pickleball

- Book by phone or in person the day of.
- Non-members pay the court fee per booking and a drop-in fee per person.
- No limit to number of bookings.
- 2 hours' notice is required to unregister from a booking otherwise full payment applies.
- No refunds, only account credit given. Account credit must be used within 90 days.

Health Services (Shiatsu, Physiotherapy, and InBody) and Pilates Chair Workout

- Shiatsu, Physiotherapy, and Pilates Chair Workout: Book up to 7 days in advance.
- InBody: Book up to 30 days in advance.
- 24 hours' notice is required to unregister otherwise full payment will apply.
- No refunds, only account credit given. Account credit must be used within 90 days.